

1 Draft of the Policy Paper of the Student Union of

2 **Tampere University (for community comments)**

- 3 This Policy Paper is valid until further notice.
- 4

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35 1. Introduction

36

The Student Union of Tampere University (TREY) acts as a link between its 37 38 members, promoting their societal, social, and intellectual aspirations, as well 39 as their aspirations regarding education and the students' status in the 40 society. The Student Union also works as a service, advocacy, and interest 41 organisation for the students of Tampere University and protects the students' rights within the University and in the society. The purpose of this 42 Policy Paper is to communicate TREY's policies and political objectives to 43 members and stakeholders. In the daily life of the Student Union, this Policy 44 45 Paper provides the Student Union's Executive Board and employees with guidelines for protecting the students' interests and expressing official 46 statements. 47

48

All decisions regarding TREY's policies are made by the Council of
Representatives. The content of the Policy Paper will be regularly reviewed
and updated by the decision of the Council of Representatives. In cases
where TREY needs to form a stance on a topical social issue not specified in
this Policy Paper, it will be the Executive Board's duty to define the Student
Union's official line on the matter.



The Student Union evaluates this Policy Paper against the Council's
objectives and the developments in the operating environment. While the
Strategy outlines the Student Union's values and the Plan of Action defines
the detailed annual objectives, the Policy Paper explains the general targets
for TREY's advocacy work.

61

In addition to the Policy Paper, the Strategy, and the annual Plans of Action, 62 the Student Union also has other council-approved documents to guide the 63 64 sectors' activities. These documents include the Equality Plan, the Principles for Safer Spaces, the Environment Programme, the Language Principles and 65 66 the Election Platform. Although the purpose of these documents is to 67 supplement the Policy Paper, the policies and objectives listed in them are 68 just as binding as the Policy Paper. In the event of any discrepancy between 69 the above documents and this Policy Paper, the Policy Paper will take 70 precedence.

71

The Equality Plan is a document which guides TREY's equality work and
defines measures and objectives for equality promotion work. TREY's
Principles for Safer Spaces apply to all of TREY's activities and events.

76 The Municipal Election Platform specifies TREY's local advocacy targets for77 each electoral term.



78 **2. Equality**

80	This chapter explains TREY's equality-related goals. Equality is a guiding
81	principle in all of the Student Union's activities. TREY is hereby an
82	intersectional feminist Student Union. The status of each individual is
83	governed by various social structures and classifications, both in themselves
84	and in relation to each other. Having recognised this, we are committed to
85	abolishing any restrictive, discriminatory structures.
86	
87	All students, regardless of age, nationality, ethnicity, skin colour, gender,
88	sexuality, health, ability, conviction, family situation, socio-economic
89	background, size, or other personal factor, are equal members of the Student
90	Union and the university community, and they feel equally welcome in their
91	activities. None of the above-mentioned personal factors will prevent people
92	from applying for studies or hinder their activities at the University or in
93	student organisations. None of the above-mentioned personal factors will
94	put people at a disadvantage in studies, academic services, or decision-
95	making.
96	
97	The university community and student organisations do not tolerate any

- 98 discrimination, harassment, or bullying, and will address any such issues.
- 99 TREY reserves the right to refuse cooperation with third parties that violate the



- 100 Student Union's principles of equal treatment. TREY ensures that at TREY
- 101 events its partners commit to following the Principles for Safer Spaces.
- 102

103 TREY's activities take all students of Tampere University into consideration on104 all campuses and units.

105

106 Targets for advocacy work:

- Tampere University will hire a DEI specialist (diversity, equity, inclusion).
- The University will make active efforts to eliminate barriers to education
 that are related to, for example, different situations in life.
- The university will change its systems so that they take better account
 of gender diversity. When asked about gender, a person is given the
 opportunity to indicate their own gender. The systems are updated so
 that a person can, with their own notification, change their calling
 name to the information systems.
- TREY's decisions will be drafted transparently and democratically to
 allow the student community to participate in decision-making. The
 possibility to participate in the Student Union's activities in English will
 be improved.
- TREY and Tampere University are committed to anti-racism. This
- 120 involves the identification and abolition of racist and discriminatory



121	structures, as well as self-reflection, by both individuals and
122	organisations.
123	 TREY advocates intergenerational equity. The impact of decisions on
124	intergenerational equity must always be taken into consideration in
125	decision-making.
126	 The entire university community will pay attention to physical,
127	psychological, social, and digital accessibility.
128	 Students from all campuses have equal opportunities to make their
129	voices heard in the university community.
130	
131	3. Student associations
132	
133	This chapter explains TREY's objectives for the student community and
134	association activities.
135	
136	The Student Union supports the associations that work within it by offering
137	them guidance and training, as well as financial and communicational
138	support, as needed. Through the associations, the Student Union can
139	strengthen its ties with the student community and offer the students a
140	variety of possibilities to learn by doing, engage in activities, and spend their
141	free time with others, both to support their education and to help balance
142	their life and studies.
143	



- The associations that work within the Student Union are the most importantlink between the Student Union members. This is why they play a significant
- 146 role in all activities of the Student Union.
- 147

148 Targets for advocacy work:

- Associations will be encouraged to organise events that are accessible
 to everyone, both physically and socially. Accessibility will also be taken
 into consideration in other association activities.
- Associations will organise international activities. Non-Finnish speaking
 students can also participate in the activities.
- Associations will make constant efforts to promote equality in their
- 155 activities. Associations will be able to identify equality-related
- problems. The Student Union will offer training to associations and helpthem solve any issues.
- 158 The associations have an important role in educating students into
- 159 becoming student activists in the higher education community. The
- 160 associations' abilities to fulfil their educational tasks and protect
- 161 students' interests in their own field will be supported through
- 162 guidance, communication, and training.
- To ensure mutual communication, the Student Union will encourage
 subject associations and student representatives from the same field
 to actively communicate with each other.



166	Associations will encourage their members to take care of their own
167	and other people's well-being.
168	Associations will organise sober activities, and students can participate
169	in all events without being pressured into using alcohol or drugs.
170	The associations and the Student Union will communicate with each
171	other directly and regularly. Associations should find the Student Union
172	approachable.
173	
174	4. Campus facilities of Tampere University
175	
176	This chapter explains TREY's objectives regarding the campus facilities of
177	Tampere University.
178	
179	The University's facilities are safe. All campuses and facilities are accessible
180	in terms of both studying and teaching. The university community is a
181	pioneer in testing and using high-quality, ergonomic, accessible, and multi-
182	purpose electronic and physical learning environments.
183	
184	Targets for advocacy work:
185	Accessible facilities will be clearly indicated with signs. Students will be
186	able to move around and attend classes and lectures unassisted.



187	•	Entrance exams will be held in accessible facilities, and applicants do not
188		have to apply for special arrangements due to restricted mobility.
189	•	Physical and cognitive ergonomics will be taken into consideration when
190		designing university facilities.
191	•	The facilities should enable contact and interaction between students and
192		staff. Staff members will receive training on current and future electronic
193		systems.
194	•	The University's learning, sport, and hobby facilities can be accessed
195		during all hours and seasons.
196	•	Campuses will offer plenty of facilities to student associations for
197		organising diverse student activities. These facilities include the
198		associations' private facilities and public association facilities. All
199		associations should be entitled to have their own facilities and to use the
200		common facilities. The University will take the need for student facilities
201		into account during renovations and construction.
202	•	There are visible, versatile, comfortable and flexible spaces that enable
203		diverse encounters for students.
204	•	There are 24-hour facilities available for students from all campuses for
205		study and community-building activities, such as associational activities.
206	•	Students should be able to participate in activities that require group
207		work, remote working and attendance during the same day. Flexible

208 facilities must be provided for this. The entry needs to be edited to fit.



211	•	Students should be offered enough rooms for group work, studying, and
212		recreation.
213	•	The campuses must have enough quiet studying rooms and workstations
214		with sockets.
215	•	All University buildings should have a sufficient number of gender neutral
216		and accessible bathrooms to ensure that finding them does not take too
217		much time or effort.
218	•	Students with families can easily combine studies and family life. Efforts
219		must be made to ensure that parents feel that children and childcare are

University staff and students know how to recognise and respond to

220 accepted on campus.

threatening situations.

- The campus facilities will be suitable for nursing and taking care of
- 222 children. The needs of families and children will be taken into account

223 when designing accessible features.

224

209

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5. University politics

226	
227	This chapter looks into TREY's objectives regarding the education system,
228	Tampere University, and studies and learning.
229	
230	The education system
231	
232	This chapter looks into TREY's objectives regarding the education system and
233	higher education in general. This chapter also describes TREY's advocacy
234	targets regarding higher education institutions, university funding, lifelong
235	learning, and free, accessible education.
236	
237	ŶĂŮĂĿŢĂĂĂĮŮĂĂÓŖÂŮŒĔĔŮŎŎŎŎŎĔŮŔĔŔŮŐĔĿŎĔĿŎĔĿŎĔĿŎĔĿŎĔĿŎĔĿŎĔĿŎĔĿŎ
238	
239	Finnish universities have autonomy to guarantee their freedom of research
240	and teaching. Universities work in close cooperation with each other in
241	education and research, and they also engage in cross-sectoral teaching
242	cooperation.
243	The degrees from universities and universities of applied sciences have their
244	own distinct profiles. The closer education cooperation should not mean that
245	entire degrees or study modules can be outsourced from one sector to



- another. Cooperation should be based on improving the quality of education
- 247 and research, not on saving resources.
- 248

249 Targets for advocacy work:

- All students taking a basic academic degree at Tampere University are members of the Student Union in the future as well.
- The dual model for universities and universities of applied sciences will
 be kept.
- On fields where different higher education institutions already provide
- 255 degrees with similar skill profiles, flexible study paths will be created to
- allow students to flexibly switch from one degree programme to
- another.
- The standard of education will be raised without without compromising
 on quality.
- The Universities Act is updated with regard to sections concerning
- 261 foundation universities to safeguard university democracy and
- 262 university self-government.
- 263

264 Ĕ KÖĂ ! OKÔO ĂĆĹĂ KĹĂ

- 266 The national university funding model will be transparent and predictable,
- 267 and it will ensure sufficient funding for the execution of the universities' basic



268	tasks on all fields. The funding system will give the universities room to		
269	operate, supporting the autonomy and long-term development of education		
270	and r	esearch.	
271			
272	Targe	ets for advocacy work:	
273	•	The funding model will reward for the quality of teaching, research, and	
274		societal influence.	
275	•	The university index will be in force.	
276	•	University funding will not depend on the amount of tuition fees	
277		collected.	
278	•	Universities must be ensured sufficient resources to fulfil their task of	
279		continuous learning.	
280	•	The university funding model will reward universities for the number of	
281		study credits acquired by students. This way, the model will encourage	
282		universities to offer a variety of courses, modules, and lifelong learning	
283		opportunities to students from other universities as well.	
284	•	Faculties have strong core funding, and they will set their strategic	
285		indicators themselves. The strategic indicators will encourage the	
286		promotion of sustainability, internationality, and other strategic targets	
287		of the University.	
288	•	The university funding model will encourage the completion of	
289		internationalisation modules.	





290	The University will reward faculties for the international mobility of		
291	students and staff.		
292	 University funding also covers increasing the number of start-up 		
293	places for universities.		
294			
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296			
297	An accessible higher education system ensures equality in the society and		
298	enables the social mobility of individuals. Education is a whole that includes		
299	lifelong learning opportunities and genuinely free early childhood education		
300	and basic, secondary, and higher education.		
301			
302	Special attention is paid to the education of underrepresented groups, and		
303	the level of participation in education will increase among these groups.		
304	Basic education and upper secondary education provide all students with		
305	sufficient skills and equal opportunities to apply for higher education.		
306			
307	The student admission system of higher education treats applicants equally:		
308	it does not put applicants on an unequal footing based on their prior		
309	education, socio-economic background, or wealth. Universities have several		
310	student admission paths.		
744			



312	Targe	ets for advocacy work:
313	•	Degree education will be free of charge for all students taking a
314		bachelor's degree, a master's degree, or a doctoral degree.
315	•	The tuition fees for non-EU/EEA students will be discontinued.
316	•	Immigrants will be offered sufficient education opportunities and ways
317		to have their prior education and skills incorporated in a degree.
318	•	Gender, minority status, socio-economic background, or the parents'
319		educational background have no bearing on the education or career
320		choices of individuals.
321	•	The school network will be geographically comprehensive enough and
322		of high quality.
323	•	People will be offered enough support and guidance for making
324		educational choices.
325	•	The admissions system will not create a demand for fee-based
326		preparatory courses.
327	•	The first-time applicant quotas will be discontinued.
328	•	The transfer application system will be an easy and flexible way to
329		transfer to another field or university.
330	•	Student admission procedures, such as entrance exams, should be
331		organised as national joint selection procedures, while still taking the
332		special characteristics of different disciplines into consideration.



333	 The language requirements of higher education will be reviewed on
334	national level to ensure that everyone has an equal opportunity to
335	apply for higher education, regardless of their language of education.
336	A certificate of matriculation or other proof of success in upper
337	secondary education will not be generally held as the primary
338	admission criterion.
339	The transition from vocational education to higher education will be
340	improved and supported.
341	• The Open University must be kept as a supplementary, minor, and free
342	route to higher education.
343	Ħ₽ĨĂĂÊĔĹĂ"ÊĂĂļĹĔĻĔĂ"ĂĔĂ"ŎĂĂ"ЎĘĂĔ" ĔŖŎĂĮŎŖĊŎ
344	
345	Adults must have access to lifelong learning, regardless of their educational
346	background, socio-economic position, or labour-market status. The Open
347	University allows people to update their skills.
348	
349	Targets for advocacy work:
350	Free lifelong learning opportunities are part of the higher education
351	system, along with degree education, paid adult education, and
352	continuing education.
353	 The Open University, continuing education, and made-to-order
354	education should not, however, be a way to avoid the entrance exam



355	system by paying. Degree students should not be directed to fee-
356	based education if the degree programme lacks the resources.
357	 The Open University, continuing education, and made-to-order
358	education must be kept separate. Commercial education is also
359	examined as a separate entity from degree education.
360	 Paying students cannot enjoy special privileges over other students.
361	Tampere University alumni must be automatically admitted to alumni
362	studies after graduation so that they can flexibly update their skills
363	during their careers.
364	Alumni studies will be free of charge.
365	 The possibilities of individuals and companies to access continuing
366	education will be promoted.
367	Tampere University
368	
369	This chapter describes TREY's objectives regarding the University's
370	administration and management, as well as studies, learning, and learning
371	support at Tampere University.
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373	
374	Multi-discipline university



376	Science, art, and education are the cornerstones of the university community.
377	As a multi-discipline university, Tampere University recognises the value of
378	different academic disciplines and their cultures and accepts them into the
379	science and education community. The University's assets include extensive
380	competency-based and student-oriented learning, cross-disciplinarity, and
381	academic freedom. Research and teaching, as well as the development of
382	both, go hand in hand. Along with multi-disciplinarity, the diverse university
383	community offers the University different perspectives, all of which are
384	essential for the sake of scientific progress.
385	
386	Targets for advocacy work:
387	The characteristics of different disciplines will be taken into account in
388	decision-making, funding, and contents.
389	 The University will encourage people from all backgrounds to
390	participate in the activities of the higher education community.
391	• The University will guarantee the freedom of students by, for example,
392	ensuring the free choice of minor subject.
393	
394	Advocacy opportunities at Tampere University
395	
396	Encouraging participation and inclusion in the university community is at the
397	core of Tampere University's operations. What this means is that the
398	University's administrative structure should help promote the development of



399	teaching and research, support flexible, cross-faculty education
400	opportunities, encourage interdisciplinary cooperation, and help people
401	integrate into their own community and the University. The University's
402	decision-making is transparent, and the entire community is publicly
403	informed of matters that are under preparation.
404	
405	Students are equal members of the university community. Different groups of
406	the university community are involved in preparing, drafting, and making
407	decisions on all matters that concern them, on all levels of administration. For
408	international students and staff, the threshold for participating in different
409	administrative bodies is low.
410	
411	Targets for advocacy work:
412	• The university administration observes the principle of subsidiarity,
413	meaning that any decisions on matters regarding education and
414	research, or matters within academic autonomy, are generally made
415	as close to the concrete operational level as possible.
416	The University can give university-wide guidelines on academic
417	matters. These guidelines will be drafted in cooperation with faculty
418	councils and the Academic Board's councils.
419	All documents will be made electronically available to the entire
420	community.



421	•	The University will organise faculty-specific and public events for the
422		university community to discuss and work on current issues.
423	•	The members of an administrative body will be elected by a relevant
424		group of the university community.
425	•	All multi-member university bodies, apart from the University Board, will
426		be balanced tripartite bodies with deputy members. Professors,
427		teaching and research staff, other personnel, and students will be
428		represented in the administrative bodies.
429	•	When deciding the tripartite composition of the University Board,
430		attention should be paid to diversity and the members' expertise in
431		education and student matters.
432	•	The Student Union will offer its members support for campus
433		advocacy.
434	•	Student representatives will be appropriately supported during their
435		term and fully trained for their tasks by the Student Union.
436	•	International students and staff members will have the opportunity to
437		work as representatives in the University's administrative bodies.
438	•	The University Board will consult the Academic Board on all important
439		issues that concern the entire University, such as decisions regarding
440		the strategy, important operational and financial objectives, and other
441		long-term policies.



442	•	When appointing the rector, the vice rectors and the deans, the
443		University Board will be assisted by tripartite preparatory appointment
444		committees. The members of the preparatory appointment committee
445		are chosen by the community in question.
446	•	The university community will hold the chairmanship and the majority
447		of the seats in the preparatory University Board appointment
448		committee.
449	•	The Academic Board will be led by a tripartite group of chairpersons,
450		elected from among the Academic Board's members.
451	•	Decisions on the faculties' targets, staff plans, budgets, and important
452		operational and financial objectives will be made by faculty councils.
453	•	The dean will be assisted by a management group where students and
454		staff are represented.
455	•	Working under the faculty councils, there are degree programme
456		planning groups and curriculum planning groups where students and
457		staff are represented.
458		
459	Tam	pere University as an employer
460		
461	The l	Iniversity is a fair, reliable, and attractive employer. As the best
462	acad	lemic workplace in Finland, it is able to compete with other public and

463 private sector employers of the same size. Built in cooperation between staff,



- students, and management, the University is a healthy, pleasant, and 464 cooperative workplace. 465 466 Targets for advocacy work: 467 The recruiting practices will be transparent and equal. 468 Students will be represented in the recruiting processes of teaching 469 ٠ staff. 470 Fixed-term employment contracts will only be made for justified 471 472 reasons. 473 Tampere University will introduce anonymous recruitment with the exception of university administration. 474 475 ٠ Everyone will have an equal opportunity to further their career at all 476 levels of the University, regardless of gender, minority status, language, socio-economic status, or other personal factors. 477 • The doctoral students employed by the University will have decent 478 479 salaries, and they can spend most of their working time on their own 480 research. 481 The contract and thesis supervision practices of doctoral researchers ٠ 482 will be standardised throughout the University. The Student Union will, where appropriate, offer support to doctoral 483 ٠ researchers and take their perspective into consideration in campus 484
- 485 advocacy.



486	 Doctoral grant researchers are held as equal members of the
487	university community.
488	University teaching and research staff can focus on teaching, research,
489	or both. Job descriptions and career paths that allow focusing on
490	societal impact will also be developed.
491	 Tampere University will adopt salary transparency.
492	
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494	
495	Digital learning environments and electronic systems
496	
497	Digital learning environments and electronic systems support student-
498	oriented learning. The benefit of students must be the basis for the
499	development of digital and electronic systems. Digital systems should
500	support the organisation and development of classes and lectures. The
501	systems must be user-friendly to both students and staff, and they should
502	comply with digital accessibility. Universities must produce information to
503	support knowledge management in the activities of senior university
504	administration, degree programmes, and individual students.
505	
506	Targets for advocacy work:



- Electronic systems will be of high quality and accessible throughout the 507 ٠ University. 508 Teaching staff will be actively supported and trained in the use of 509 ٠ 510 different electronic systems. The trainings will ensure that the teaching 511 staff is equipped to handle accessibility matters. Different course completion options will be considered. Both contact 512 • learning and online learning will be utilised in a pedagogically relevant 513 514 manner. The use of lecture recordings is encouraged to support students' 515 ٠
- studies during the course. All lecture recordings are available with at
 least a transcription, preferably with subtitles, and the university is
 adequately resourced to implement these.
- Resource savings should not be the reason for the shift to digital
 learning environments.
- Students will be given access to the university management's
 information systems, such as academic monitoring data.
- The University has clear rules for the use of artificial intelligence in
 studies, and the use of artificial intelligence in teaching must be
 pedagogically justified.
- 526
- 527 Management of education
- 528



529	The University's management of education is arranged in a manner that		
530	supports student-oriented learning. The University invests in the		
531	development and management of education.		
532			
533	Targets for advocacy work:		
534	• Time and money will be reserved for the development of teaching.		
535	 Teachers will be required to have expertise in university pedagogy and 		
536	to give a trial lecture. These requirements do not, however, apply to		
537	degree students.		
538	 Teaching staff will have the opportunity to complete additional 		
539	pedagogical training.		
540	Teaching staff will be offered further training on sustainable		
541	development and its application in teaching.		
542	 The high quality of teaching in English will be ensured by offering the 		
543	teaching staff enough opportunities to develop their language skills		
544	and to participate in long teacher exchange programmes.		
545	• Working as a teacher at the University will be as significant a criterion		
546	for career development as research merits.		
547			
548	Degrees		
549			
550	Tampere University offers high-quality degrees based on the highest		

551 scientific and artistic knowledge. Broad degree programmes are only



552	desir	able when they are based on a functional combination of compatible
553	scier	ntific disciplines. Degree programmes are planned with students at the
554	centi	re. Students can participate in the development of education at all
555	stage	es of the development process.
556		
557	Targe	ets for advocacy work:
558	•	Degrees will be developed with the needs of the disciplines in mind.
559	•	The curriculum will be primarily planned from the perspective of
560		degree education.
561	•	In principle, students are granted the right to study for both the
562		bachelor's and the master's degree. The bachelor's degree may only
563		be the student's final degree out of their own choice.
564	•	The maximum number of study credits that can be included in a
565		degree will not be limited.
566	•	Students will be offered the possibility to develop their skills in diverse
567		ways and to create personalised degrees.
568	•	Students can complete optional studies across faculties and
569		universities, and they will also be encouraged to do so. Students can
570		easily access information about cross-faculty and cross-institutional
571		optional studies.
572	•	Course contents and workloads will be reviewed regularly. The
573		workload required to acquire study credits will be comparable between
574		different courses.



575	•	New degree programmes are set up with careful consideration. There
576		must be a genuine need for a new degree programme, and the degree
577		programme is not brought together on the basis of already existing
578		courses of study.
579	•	Cross-disciplinary degree programmes will only be created for justified
580		reasons.
581	•	Broad degree programmes will be prepared within the faculties in
582		cooperation between degree programmes. If the initiative to create a
583		new degree programme comes from outside the degree programmes,
584		the degree programmes in question will be given a central role in
585		decision-making and preparation.
586	•	The content of broad degree programmes is logical, and their different
587		parts complement each other.
588	•	When students begin their studies, they should be aware of by which
589		criteria and at which stage they should select their specialisation, and
590		of how to proceed if they are not admitted to the specialisation of their
591		choice.
592	•	Students can easily complete cross-institutional studies between the
593		University and the University of Applied Sciences. Students will be
594		aware of how they can acquire study credits from the other higher
595		education institution.



596	 The introductory courses of degree programmes will discuss
597	sustainable development in the degree programme's context.
598	 Tampere University will hold graduation ceremonies for bachelor's and
599	master's degree graduates at the end of each period.
600	Three persons who are close to the graduate will be allowed to attend
601	the graduation ceremony.
602	
603	Credit transfer and recognition of prior learning
604	
605	The recognition of prior learning has a central role in higher education as it is
606	based on the learning outcomes of higher education. Students should be
607	able to have the skills they have acquired in formal higher education and
608	through informal means incorporated in their degrees in accordance with
609	the learning outcomes of the degree. Making changes to the curriculum or
610	transferring educational responsibilities from one university to another
611	should not hinder students' study progress.
612	Targets for advocacy work:
613	• At Tampere University, credit transfer and recognition of prior learning can
614	be carried out easily throughout the year and for a reasonable amount of
615	work.
616	Students can acquire credits from prior learning and have them
617	incorporated into their degrees.



618	•	Students and teachers will be aware of the possibilities of credit transfer
619		and the recognition of prior learning.
620	•	Students can acquire study credits for learning acquired by working in
621		positions of trust, doing volunteer work, and participating in leadership
622		training in, for example, the Finnish Defence Forces, non-military service, or
623		the Scouts.
624	•	Students have the right to complete the study modules they have started
625		within a reasonable timeframe.
626	•	If educational responsibilities are transferred from one university to
627		another, the transition period may not be shorter than the target time for
628		the completion of the degree. After the target time, the University should
629		ensure the possibility to complete the degree in another university.
630	•	It is possible for the selected student to complete without problems the
631		degree that is in accordance with the right to study in accordance with
632		the general information related to the degree reported by the university in
633		the application phase.
634		
635	Fle	exible and competency-based education

637 The degrees offered at Tampere University are competency-based and

638 arranged in a manner that allows flexible studying. The University provides



- education in an equal manner. Students can easily take courses from otheruniversities.
- 641

642 Targets for advocacy work:

- Teaching, degrees, and courses will be planned and organised in line
 with the principles of competency-based learning. Competency-based
 learning is understood, from a student-oriented viewpoint, as the
 recognition, identification, and verbalisation of the student's
 competencies.
 Concrete learning outcomes will be set for both field-specific
- 648 Concrete learning outcomes will be set for both field-specif
 649 knowledge and general academic skills.
- Students will be helped to identify their own study motivation and
- 651 learning objectives. University education emphasises and illustrates the
- 652 fact that the students' skills are an important part of study modules and
- their path to becoming an expert on the field.
- Teaching methods and arrangements serve the course contents.
- Flexible studying will be at the core of university education and reflected
 in the variety of studying and teaching methods.
- When planning the curriculum, special attention will be paid to theflexibility of studies.
- Flexible study methods allow students to study regardless of time and
 place, and at all hours throughout all seasons.



661	•	The purpose of flexible study methods is to complement contact
662		teaching, not to reduce it.
663	•	Courses and lectures are accessible. The University is responsible for
664		ensuring that the teaching personnel can provide accessible courses.
665	•	Students should be aware of special arrangements as soon as they
666		start their studies. Special arrangements can be received without
667		difficulty as needed.
668	•	Tampere University will collect qualitative feedback on each degree,
669		study module, and course. It is part of the feedback system to let
670		students reflect on their own learning and skills.
671	•	Feedback will always be processed confidentially, and it has an
672		important role in the planning of education and the University's internal
673		decision-making.
674	•	The teaching staff will be required to respond to the feedback they have
675		been given.
676	•	Course feedback must be a mandatory part of each course. The
677		feedback system could offer the option to skip course feedback, but
678		students should enter the feedback system nonetheless.
679	•	Submitting course feedback should be made as effortless as possible.
680		
681	Aca	demic guidance and counselling
682		



683	High-quality academic guidance and counselling are offered throughout the		
684	study path, especially in the beginning of studies and in transition phases.		
685	Guidance given in transition phases emphasises how choices made during		
686	studies can affect the student's career path. Members of teaching staff		
687	should be aware of their role as counsellors.		
688			
689	Targets for advocacy work:		
690	•	Students will be offered career planning services both in Finnish and	
691		in English.	
692	•	Guidance and counselling will be incorporated in each course.	
693	•	Peer counselling and tutoring will be organised and developed as a	
694		part of guidance and counselling. The University and faculties will	
695		ensure resources and support for guidance and counselling.	
696	•	Faculties will hire a study counsellor for each basic degree	
697		programme.	
698	•	The University will adopt common criteria for thesis supervision. The	
699		supervision will be professional and regular.	
700	•	At the time of postgraduate student selections, attention will be paid	
701		to the resources needed to provide counselling in the language of	
702		studies.	
703	•	The academic services will also offer students guidance to help them	
704		identify their skills, both as a part of the University's services and as	
705		study modules.	



706	 The study psychologist services have enough resources to provide 		
707	the necessary services on all campuses. Appointments can also be		
708	directly offered to students.		
709	 More resources will be allocated to the University's low-threshold 		
710	services.		
711	Support services and guidance will be offered both in Finnish and in		
712	English. The information about support services should always be		
713	well-timed and bilingual.		
714	• Counselling must be easily accessible, be it face to face or online. The		
715	opening hours must be long enough.		
716			
717	ë ẩịằằị "Ọằị Ôẹậằọ		
718			
719	The University has well-resourced career services. These services, individual		
720	career counselling included, should be offered to both Finnish and		
721	international students to help them find employment in Finland or abroad.		
722			
723	Targets for advocacy work:		
724	 The University will recognise the special needs of international 		
725	students in career planning and provide them with clear		
726	information about the services available.		



727	•	All interested students can acquire working life skills and contacts
728		during their studies through a traineeship or a thesis, for example.
729	•	The University will maintain contacts with businesses and public
730		and third sector employers by, for example, organising recruiting
731		events.
732	•	The University will offer sufficient internship grants on fields that
733		need financial support. Differences in the internship grant policies
734		of faculties will not put students on an unequal footing when they
735		apply for traineeships in the same field.
736	•	Internships are paid.
737	•	Traineeships that are part of the degree can also be completed
738		abroad. The University will offer financial support regardless of
739		whether the employer is Finnish or foreign.
740	•	The University will offer versatile academic entrepreneur training
741		and support pro-entrepreneurship activities and communities on
742		all campuses.
743		
744	6. In	ternational and multilingual community
745		
746	This chap	oter explains TREY's objectives for internationalisation,
747	multiling	ualism, bilingual communication, and language studies.



749	Internationalisation is in the interests of the entire university community.			
750	International students are equal members of the Student Union. Their			
751	participation in the activities of the university community is encouraged.			
752	Tampere University encourages the internationalisation of all university			
753	community members and treats international and Finnish-speaking			
754	members of the community equally. The Student Union and Tampere			
755	University pay thorough attention to language aspects in their activities.			
756				
757	Internationalisation and international students			
758				
759	All members of the university community are entitled to internationalisation			
760	opportunities. Completing a period abroad should be easy. All students are			
761	trained during their studies to work in international and multi-cultural			
762	environments. Tampere University is an attractive option for international			
763	students. The University promotes the employment and integration			
764	opportunities of international students in Finland.			
765				
766	Targets for advocacy work:			
767	 The University will allocate enough resources to international services. 			
768	Guidance and counselling will encourage students to complete			
769	studies and traineeships abroad.			



770	•	Students have enough information about completing courses and
771		traineeships abroad. The University will offer support to students for
772		planning their internationalisation modules.
773	•	Financial support is available for exchange studies.
774	•	Students can easily incorporate courses from other institutions from
775		their studies abroad in their degrees.
776	•	To ensure accessible exchange studies, special attention will be paid
777		to the internationalisation opportunities of adult students, students
778		with families, and disabled students.
779	•	International mobility will be implemented in an environmentally
780		friendly and sustainable way.
781	•	The University also offers short mobility periods, for example through
782		ECIU.
783	•	Different options for internalisation at home will be created. The
784		University will provide enough information about internationalisation
785		at home and about incorporating it in a degree.
786	•	Education export is done responsibly. Education exports do not take
787		resources from other teaching or research.
788	•	High-quality student tutoring will help support international students
789		and promote their integration into the student community. Subject
790		associations and other relevant parties will be included in the
791		development of student tutoring and international student tutoring.



792	•	International students will be granted a residence permit for the
793		entire duration of their studies. Everyone who has completed an
794		academic degree in Finland will be offered the possibility to acquire a
795		permanent residence permit. Residence permit application and
796		renewal processes will be made easier. The amount of wealth
797		required for a residence permit is reduced.
798	•	The scholarship system for international students from outside EU
799		and ETA countries who are liable for payment is predictable and
800		clear, and the granting criteria are transparent.
801	•	The university offers support in applying for a scholarship.
802	•	The scholarship system is not only based on academic success, but a
803		means-testing is also applied in the granting criteria.
804	•	International students' chances of finding employment in Finland will
805		be promoted by encouraging them to network with local employers
806		and stakeholders at an early stage.
807	•	The integration of international students into the community will be
808		promoted by accommodating international students in the same
809		buildings and neighbourhoods with Finnish students more often.
810	•	Interaction between Finnish and international students will be
811		increased in studies, everyday life, and free-time activities. Active
812		efforts will be made to remove barriers to integration.



•

813

814

815	without having to pay any additional fees.
816	
817	Bilingualism and multilingualism
818	
819	By bilingualism, we mean opportunities to participate equally in the activities
820	of our university community in Finnish and English. Multilingualism is an asset
821	for the members of the university community and people of Tampere in
822	general. The university community's communication is bilingual and
823	accessible. The Student Union and Tampere University encourage students to
824	be multilingual in their everyday lives.
825	
826	Targets for advocacy work:
827	 It is possible to participate in the activities of the Student Union
828	equally in Finnish and English.
829	 The Student Union implements services and communications
830	bilingually. The communication is synchronised and of the same
831	high quality in both languages.
832	Where appropriate, the Student Union's cooperation partners will
833	also offer bilingual services.

International students should be able to open a bank account, get

access to banking services and use strong identification easily



834	 To promote equal participation and advocacy opportunities,
835	Tampere University will adopt English as an administrative and
836	working language alongside Finnish.
837	Where appropriate, the communication of Tampere University is
838	always bilingual. The University will have enough translators to
839	ensure synchronised, high-quality bilingual communication.
840	The city of Tampere will offer international students comprehensive
841	services and ensure multilingual communication. The city of
842	Tampere will invest in having its website translated into different
843	languages, and the city's information will also be accessible to
844	persons whose communication language is not Finnish.
845	
846	Language and communication studies
847	
848	The University promotes students' linguistic competence and cultural
849	knowledge. Finnish students have a low threshold for participating in
850	language and communication courses. The studies encourage interaction
851	between Finnish and international students. The University offers diverse
852	language courses that help improve the students' language repertoire.
853	
854	Targets for advocacy work:



855	•	The University has a well-resourced language centre to enable flexible
856		language studies. Students will be able to complete their compulsory
857		language studies within the timeframe set in the curriculum.
858	•	Students can take a wide variety of language and communication
859		courses on different campuses. The students' wishes will be taken into
860		consideration when planning language courses.
861	•	The course completion options of language and communication
862		studies are flexible and diverse. There will be remote online language
863		courses that can be taken regardless of time and place.
864	•	Foreign language courses can also be taken with English as the
865		language of instruction. International students will be offered a
866		sufficient number of Finnish language courses at a level which reflects
867		the actual needs of education and working life.
868		
869	7.	City and society

This chapter explains TREY's objectives for the city and society. The themes
include urban advocacy, housing, transport, and sustainable development.
Urban advocacy



876	The city of Tampere communicates with students when making any
877	decisions that concern them. The university students of Tampere do
878	advocacy work together in matters that concern all students. The city of
879	Tampere will make an effort to be the most student-friendly city to all kinds o
880	students.
881	
882	Targets for advocacy work:
883	 The city of Tampere and the Wellbeing Services County of Pirkanmaa
884	will invest in preventive services.
885	The Wellbeing Services County will offer free contraception and
886	menstrual products to all young people under the age of 29 and
887	provides all students enough information about these options. Different
888	types of contraception will be offered, with gender and sexual diversity
889	in mind.
890	The urban environment and the outdoor recreation areas and facilities
891	encourage students to engage in exercise, hobbies, and community
892	activities.
893	Urban planning takes into account the sufficient number of public
894	toilets, garbage bins and water points in the urban space.
895	 The city supports the renovation of facilities suitable for organizing
896	events and other events to be accessible.



897	•	The Wellbeing Services County of Pirkanmaa's social services have
898		expertise in student matters, and they will support students who are at
899		risk of social exclusion.
900	•	The city will offer free debt counselling and social loans.
901	•	Early childhood education services will adopt flexible policies to support
902		student families, and they will offer enough day care placements near
903		campuses.
904	•	The city's goal-oriented climate policy will take into account the future
905		of the student generation and ensure climate neutrality by 2030.
906	•	The city of Tampere will adopt anonymous recruitment policies to hide
907		the applicant's background information, such as age, gender, or ethnic
908		background, from recruiters before the job interview.
909		
910	Tran	sport

- 911
- 912 Moving between campuses and central student locations is easy by foot,
- bike, or public transport 24 hours a day, also on weekends. Bike paths and
- 914 walkways are of high quality and kept open all year round. Tampere will
- 915 invest in sustainable modes of transport.

916

- 917 Targets for advocacy work:
- It is possible for passengers to pay for the trip in various ways in the
 public transport of the City of Tampere.



920	•	All students are entitled to good public transport discounts. Student
921		discounts will be made available for all ticket types, regardless of the
922		payment method.
923	•	The aim is to reduce public transport charges in the Tampere region
924		without compromising on quality.
925	•	Electric carsharing services will be made more widely available to
926		students.
927	•	The city will promote low-emission transport by offering parking fee
928		discounts for low-emission vehicles and by increasing the number of
929		electric car charging stations.
930	•	City bikes will be made available on campuses and in central student
931		housing areas.
932	•	The tram and local train network will be developed as a part of a
933		student-friendly public transport system.
934	•	Tampere will be made more accessible to all pedestrians, cyclists, and
935		wheelchair users.
936	•	The urban space will be developed in line with the principles of a
937		pedestrian city.
938		
939	Hous	sing and urban planning
940		
941	The c	ity's urban planning and housing policies respond to the students'
942	need	s. Student apartments are located in attractive locations. Urban



943	development projects pay attention to ecological, social, economic, and
944	cultural sustainability. Green urban areas will be systematically increased,
945	and natural areas will be kept as untouched as possible when developing the
946	city.
947	
948	Targets for advocacy work:
949	• The parking space requirement will be discontinued in the city centre
950	and along the central public transport routes in areas with student
951	housing. The requirement will also be relaxed in other parts of the city
952	to free up urban space and decrease the cost of housing.
953	 Student housing services will promote cycling and invest in bike
954	shelters.
955	Diverse student housing options will be planned in central residential
956	areas near the campuses.
957	When justified, densification will be favoured in urban planning along
958	public transport routes. Densification processes should pay attention to
959	local nature, valuable built environment, and the impact on the urban
960	landscape and environment.
961	The city and student housing foundations will make determined efforts
962	to promote housing that encourages communality and enables
963	encounters between students from different backgrounds.
964	The city and other actors will offer sustainable and affordable housing
965	options, but not only in the form of student housing.



966	Student housing foundations are systematically developing their
967	operations to be more environmentally friendly.
968	
969	Sustainable development
970	
971	TREY plays an active role in environmental and climate-related advocacy
972	work, social dialogue, and preventive work. TREY is a pioneer whose work sets
973	an example for associations and interest groups. TREY is part of the Fair Trade
974	University community.
975	
976	Targets for advocacy work:
977	• TREY will become carbon-neutral by the end of 2025. The primary
978	means to achieve carbon neutrality is to reduce the carbon footprint
979	by making adjustments to activities.
980	 Vegan food is offered at events and occasions organized by the
981	Student Union. This policy can be deviated from in the case of special
982	diets.
983	The Student Union takes sustainable development into account in all
984	activities and advocacy efforts.
985	 The university sets itself ambitious environmental goals and
986	communicates them openly. The university's sustainable development
987	activities are resourced to cover the work required to achieve the goals.



988	•	TREY assumes its share of the global responsibility to promote
989		sustainable development. The Student Union participates in
990		development cooperation. The members and associations find it
991		motivating, and it is an opportunity for students to put their skills to use.
992	•	The University and the Student Union require that their activities,
993		investments, and companies comply with the principles of sustainable
994		development. The activities of the Student Union's partners may not
995		conflict with the Student Union's values.
996	•	TREY encourages and educates its associations and students to pay
997		attention to sustainable development in their activities.
998	•	TREY's activities and advocacy work reflect social, economic, and
999		ecological sustainability. TREY will promote and contribute to the
1000		fulfilment of these principles.
1001	•	TREY is committed to the sustainability targets of the UN's Agenda 2030.
1002		The Student Union's activities and policies may not be incompatible
1003		with these targets.
1004	•	Tampere University will develop its degree programmes and
1005		curriculum to help bring students' professional competence in line with
1006		the principles of sustainable development. Teaching staff will be
1007		offered assistance for the development of courses and lectures.



1008	• Tampere University invests in recycling. There are a variety of sorting
1000	
1009	bins available on all campuses and they are placed in visible places.
1010	The campuses also have recycling rooms for community use.
1011	 On-campus restaurant services serve the principles of sustainable
1012	development. The environmental impact of meal options is clearly
1013	communicated and the low-emission option is easy to choose.
1014	One of the principles of competitive tendering at the University is to
1015	take account of the indicators of sustainable development.
1016	 The University's facilities services and the University Properties of
1017	Finland work systematically to reduce emissions from properties.
1018	
1019	8. Students and income
1020	
1021	This chapter explains TREY's objectives regarding students' income. The
1022	economic background or financial situation of students should not be a
1023	hindrance to studies or enrolment.
1024	
1025	Students and the social security system
1026	
1027	Targets for advocacy work:
1028	• It is financially possible to combine studies with work, family, illness,
1029	and other situations and changes in life.
1030	Students will be included in all social security reform projects.



1031	•	The goal of the social security reform is an unconditional basic income
1032		that is tied to the cost-of-living index. The basic amount of the
1033		universal basic income must ensure sufficient basic security for people.
1034		Means-tested supplementary benefits may also be granted to help
1035		cover the costs of housing, illness, or custodianship. Universal basic
1036		income helps enable lifelong learning, regardless of the person's
1037		situation or stage in life.
1038	•	The limit to the number of study credits that a student can acquire
1039		while receiving sickness allowance must be removed. This limitation
1040		causes some students who suffer from illnesses to fall through the net,
1041		hindering their recovery.
1042	•	State meal subsidy is part of students' subsistence. The meal subsidy

- 1043 must be increased in line with the increase in prices, while ensuring the
- 1044 high nutritional value of the food. The meal subsidy criteria will pay
- 1045 attention to not only health-related guidelines but also the
- 1046 environmental impact of food.
- The meal subsidy will also be available for takeaway meals. The
 number of subsidised meals will not be limited.
- 1049
- 1050 Students' financial aid
- 1051
- 1052 Targets for advocacy work:



1053	•	There will be no restrictions as to how and by which date the student
1054		should use their financial aid. The two-step study grant process will be
1055		discontinued to enable more flexible study paths.
1056	•	The support systems will not limit students' options without reason. Kela
1057		cannot decide to withhold parts of the study grant without explicit
1058		notice.
1059	•	The students' financial aid will be tied to the National Pensions Index.
1060	•	The requirement to acquire 20 study credits per year to receive study
1061		grant will be removed.
1062	•	Students can apply for additional study grant months if they start a
1063		new degree or make a career change.
1064	•	The responsibility for study grant matters must be transferred from the
1065		Ministry of Education and Culture to the Ministry of Social Affairs and
1066		Health.
1067	•	If a student is asked to pay back study grant, no additional fees or
1068		interest will be charged, and the grant months must be restored for
1069		later use. Students should always be able to arrange repayment plans
1070		to ensure that their income is not in danger.
1071	•	Improvements to the students' financial aid will be primarily made by
1072		increasing either the amount of study grant or the number of grant
1073		months.



1074	•	The study grant and housing allowance should be enough to cover the
1075		cost of living during studies. The study grant should enable full-time
1076		studies.
1077	•	The annual income limit of the study grant should be high enough to
1078		make working during studies a profitable option. The income limit
1079		regulations will be clear and flexible, and any study grant
1080		overpayments can be paid back flexibly in instalments.
1081	•	The study grant will include a sufficient provider supplement to ensure
1082		that starting a family during studies will not lead to an unbearable
1083		financial burden.
1084	•	The student loan will be an optional addition to the students' income.
1085	•	An interest rate ceiling will be set for student loans.
1086		
1087	Soci	al assistance
1088		
1089	Targ	ets for advocacy work:
1090	•	Students can be granted social assistance to pay compulsory study-
1091		related fees, such as the healthcare fee or the Student Union
1092		membership fee.
1093	•	Undrawn student loan should not be counted as income when the
1094		student applies for social assistance. Instead, the student loan should
1095		be a fully optional addition to the student's income.



1096	The basic amount of social assistance of full-time degree students will
1097	not be reduced if they make progress with their studies.
1098	
1099	Housing allowance
1100	
1101	Targets for advocacy work:
1102	 Housing allowance will be paid individually: the income of other people
1103	living in the same household will not affect the amount of housing
1104	allowance. The housing allowance system will not treat different types
1105	of households unequally: the allowance is equally paid regardless of
1106	whether the student lives alone or with flatmates.
1107	• The housing allowance will be in line with the actual costs of housing
1108	and increased in proportion to them. The income limits of housing
1109	allowance will be flexible to take irregular income into account.
1110	
1111	9. Health, well-being, and sports
1112	
1113	This chapter explains TREY's goals for students' health, well-being, sports, and
1114	exercise. This chapter also describes TREY's objectives for the Finnish Student
1115	Health Service (FSHS).

1116

Students are entitled to receive high-quality healthcare services and 1117

sufficient support for their well-being. Cooperation between students and the 1118



1119	most important health, welfare, and sport service providers, such as the FSHS,		
1120	social services, and the University, works seamlessly. Students are always		
1121	involved in the development of services. If necessary, the service providers		
1122	are able to direct students to services offered by another provider.		
1123			
1124	Accessibility of services		
1125			
1126	All students, regardless of their life situation, income, or other circumstances,		
1127	have equal opportunities to pursue well-being, health, and sports. All		
1128	students are treated equally as service users in terms of the healthcare fee		
1129	and the availability of health services. Financial aspects should not become		
1130	a hindrance to students' ability to take care of their health.		
1131			
1132	Targets for advocacy work:		
1133	Students can access social services without difficulty as needed. Social		
1134	workers have sufficient knowledge of student matters.		
1135	The Wellbeing Services County of Pirkanmaa will offer timely and high-		
1136	quality student healthcare services to the exchange students who are		
1137	entitled to municipal services also in English.		
1138	 Doctor's appointments will be free of charge in healthcare. 		
1139	 The city, the Wellbeing Services County of Pirkanmaa and the FSHS 		
1140	work in close cooperation with TREY, Tamko, and the rest of the		
1141	university community in matters related to the health and welfare of		



1142		students. Students will be referred to the services they need, regardless
1143		of the service provider. If necessary, students can also be referred to
1144		the services of third-sector actors.
1145	•	Students have access to preventive, low-threshold services that
1146		support their health and well-being.
1147	•	The availability of mental health services will be guaranteed by
1148		ensuring sufficient resources and improving the division of
1149		responsibilities between service providers.
1150	•	The city, the Wellbeing Services County of Pirkanmaa, the FSHS,
1151		Tampere University, and other actors must promote students' mental
1152		health in cooperation with the Student Union, with focus on preventive
1153		services.
1154	•	The support systems must prevent mental health problems. If people
1155		experience problems with their mental health, they must be able to
1156		access services easily and quickly.
1157	•	Kela-funded psychotherapy will be fully free of charge for people under
1158		30 and for students.
1159	•	Campus restaurant services will offer a varied selection and offer
1160		meals also during the evenings and weekends.
1161		
1162	The I	Finnish Student Health Service (FSHS)
1163		



1164	Students are provided timely healthcare. The threshold for seeking
1165	healthcare services is low, and students can access treatment quickly. The
1166	services of the FSHS are constantly improved to better promote the health of
1167	students. The FSHS offers students general, mental, and oral health services.
1168	The services of the FSHS must take the diversity of students into
1169	consideration. If necessary, the FSHS personnel should be provided training
1170	on this. The communication of the FSHS should be well-timed and of high
1171	quality, both in Finnish and in English. The accessibility of the FSHS services
1172	should be regularly monitored, and any issues must be promptly addressed.
1173	
1174	Targets for advocacy work:
1175	FSHS basic funding must be raised to meet the need for service without
1176	increasing the students' health care fee.
1177	The FSHS provides acute treatment and preventive healthcare services
1178	and engages in health promotion work. The services offered by the
1179	FSHS will be expanded to include specialised medical services that are
1180	relevant to students, such as gynaecologist and dermatologist
1181	services.
1182	Cooperation between the FSHS and other social and healthcare service
1183	providers works well, and their service chains are smooth and efficient.
1184	Students can easily access follow-up treatment and specialised

1185 medical care through the FSHS.



1186	•	The annual healthcare fee and the client fees will be allocated so that
1187		they will not burden the most underprivileged students. Payment
1188		schedules can be arranged on an individual basis.
1189	•	A bill for the health care fee for university students is sent to all
1190		students.
1191	•	The long-term objective is to achieve free, well-resourced healthcare
1192		services that are run by the FSHS and specialised in students' health
1193		issues.
1194	•	To free up resources for actual healthcare work, the online services of
1195		the FSHS will be improved by, for example, offering preventive support
1196		services and online contact services.
1197	•	Remote appointments will be an additional service offered in
1198		appropriate cases, never the only option available.
1199	•	International students with access to the FSHS services will be able to
1200		use the healthcare services in English without difficulty. The FSHS staff
1201		will be capable of referring them to other services.
1202	•	Exchange students should be entitled to the services of the FSHS again.
1203	•	The resources of the FSHS must be increased, especially in oral and
1204		mental health services.
1205	•	An even larger number of students will take the online health survey of
1206		the FSHS. The survey and the utilisation of its results will be developed in
1207		multi-professional cooperation and together with students. The online



- health survey will help make successful interventions and preventproblems and social exclusion among students.
- 1210

1211 Sports and exercise

1212

Students can access high-quality and cost-effective sport services all year 1213 round. Students are encouraged to exercise and take care of their overall 1214 health and well-being. Sport communication emphasises a holistic idea of 1215 1216 health. The University's sport services will share information about support 1217 services available to people battling with health problems, such as body image issues. Associations organise low-threshold sports events. Students 1218 can easily access sport facilities on all campuses. The sport services are on 1219 1220 the same level on all campuses. University sport services are understood as a part of maintaining the students' work and study ability. The University and 1221 1222 campus premises support both low-threshold exercise and competitive sports, taking into account people who are at different athletic skill levels. 1223 1774 Targets for advocacy work: 1225 The local higher education sport fees will be in proportion to the 1226 1227 students' income level. Popular student areas will feature outdoor gyms and facilities for other 1228

1229 free outdoor activities.



1230	•	Students only need to pay for sport services when they are available. If
1231		the sport services are unavailable for a long time, the sport fees must
1232		be refunded to students.
1233	•	Access to sport facilities will be guaranteed 24 hours a day.
1234	•	SportUni will involve students in the development of sport services.
1235	•	Sport services will offer changing rooms and washing facilities that
1236		take gender diversity into account.
1237	•	Sport services are able to provide guidance for people with reduced
1238		mobility.
1239	•	Associations will be on an equal footing when booking sport facilities
1240		on any campus. Associations will be treated fairly in the allocation of
1241		sport facilities.
1242	•	The staff of university sport services will be given training on equality
1243		and anti-discrimination.
1244	•	Sport services will support an active lifestyle, with body positivity as a
1245		cornerstone to respect the right of all kinds of bodies to exist and
1246		exercise. Body positivity helps protect the human rights, equal
1247		treatment, and safety of students.
1248	•	The sport councelling will be able to identify and address symptoms of
1249		disordered eating.