We Students – Freshers’ Guide to TREY 2019–2020
So it begins!

You are holding in your hands the new student’s guide of the Student Union of Tampere University (TREY). That is one of the signs that you have been accepted as a part of our academic community – an amazing achievement, congratulations!

This guide has been put together for you in TREY. Its purpose is to introduce you to the student life of Tampere, our activity in the Student Union and the services of our university. On the pages of this guide, you can find a lot of useful information about completing studies, housing, health care, recreational activities, associations and the student culture. University studies are not just cramming for exams or solving mathematical problems in a vacuum. This guide should hopefully provide you with information to help you navigate the whirl of student life.

As a new student of Tampere University, you are in a special position. From the beginning of the year, all university students of Tampere have been a part of the new Tampere University, which was born when the University of Tampere and Tampere University of Technology were merged. The students who start their studies in the fall of 2019 are the first natives of the new University and TREY. The new University will provide you with broad possibilities to acquire diverse know-how and wisdom, whereas the new student community will guarantee possibilities to gain lifelong relationships, experiences and skills.

So, keep your mind, eyes and ears open! Many things are still changing, and our community is evolving constantly. Remember that you have a trained student tutor to support you. They will help you in the start of your studies and will introduce the student community of Tampere to you. In addition to your tutor, you can find valuable peer support from other new students of your degree programme and from the student associations. Ask a lot of questions and wonder aloud, if something worries you. The first fall of a new student is full of new experiences and the task of us old hands is to help you in the early stages of your academic career. Studying in Tampere University is an immensely great opportunity to learn new things, network and enjoy life as a member of the academic community. This guide should help you get started!

Have a relaxing summer – see you in the fall!

MIKKO SALMINEN
Tutoring specialist
The Student Union of Tampere – TREY
## Contents

<table>
<thead>
<tr>
<th>Section</th>
<th>Pages</th>
</tr>
</thead>
<tbody>
<tr>
<td>So it begins!</td>
<td>2</td>
</tr>
<tr>
<td>Contents</td>
<td>3</td>
</tr>
<tr>
<td>Toward the student life, dear fresher!</td>
<td>4</td>
</tr>
<tr>
<td>Start with this!</td>
<td>5</td>
</tr>
<tr>
<td>The Student Union</td>
<td>6–13</td>
</tr>
<tr>
<td>TREY – What’s that?</td>
<td>6–9</td>
</tr>
<tr>
<td>TREY’s communication channels</td>
<td>10</td>
</tr>
<tr>
<td>Events of the Student Union</td>
<td>13</td>
</tr>
<tr>
<td>Campus maps</td>
<td>15–21</td>
</tr>
<tr>
<td>TREY’s Service Desks</td>
<td>15</td>
</tr>
<tr>
<td>Maps</td>
<td>15–21</td>
</tr>
<tr>
<td>Fresher’s life in Tampere</td>
<td>23–36</td>
</tr>
<tr>
<td>Tutoring helps you in the beginning</td>
<td>23</td>
</tr>
<tr>
<td>Housing</td>
<td>23–26</td>
</tr>
<tr>
<td>Substinance</td>
<td>27</td>
</tr>
<tr>
<td>Transportation</td>
<td>28–29</td>
</tr>
<tr>
<td>Health care services for students</td>
<td>31–32</td>
</tr>
<tr>
<td>Well-being</td>
<td>32–33</td>
</tr>
<tr>
<td>Student friendly meal prices on campus</td>
<td>34–36</td>
</tr>
<tr>
<td>Equality</td>
<td>36</td>
</tr>
<tr>
<td>Studies</td>
<td>38–40</td>
</tr>
<tr>
<td>Sports</td>
<td>42–43</td>
</tr>
<tr>
<td>SportUni</td>
<td>42</td>
</tr>
<tr>
<td>Students’ sports teams</td>
<td>43</td>
</tr>
<tr>
<td>Internationality</td>
<td>44–45</td>
</tr>
<tr>
<td>Organizations</td>
<td>46–47</td>
</tr>
<tr>
<td>Student Finnish to English – An introduction</td>
<td>48–50</td>
</tr>
</tbody>
</table>

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Toward the student life, dear fresher!

New friends, dozens of different events and excitement. Those are the parts that I most remember from my own first freshers’ autumn. Behind me was the best decision of my life to apply to Tampere to study and the victorious feeling following the admission was only strengthened by all the amazing experiences that the life change brought with it.

Four years later, I am still a proud and happy university student of Tampere. That is why I’d like to warmly welcome you specifically, on my and the whole Student Union of Tampere TREY’s behalf, to this wonderful, diverse and colourful student community.

Before you, there is a plunge into the new. Course selection and the twists of studying, three campuses and the activity of the university will be familiar soon enough – your tutors, association and the Student Union will make sure of it. The Student Union means all of us students and exists just so you, a student of Tampere University, can have the best possible tools for your student life. This freshers’ magazine you are holding is a publication, where we, on behalf of TREY, want to give you the most important information that will help you get a hold of the start of your studies. You don’t have to wrestle with any problems alone in the future either, because you can always find support, help and friends from the student community of 18,000.

Therefore: Throw yourself fully into your freshers’ year. Make the most of the new experiences, be curious, don’t be afraid to ask and participate actively in all the activities that the university community provides.

Before the start of the academic year, do follow TREY in different medias to keep yourself on track about what happens at the university and what matters concern us students right now. See you in the autumn – once again welcome and good luck!

PAULA SAJANIEMI
Bioengineering student
The chair of the student union 2019
Start with this!

☐ Accept your study placement by following the instructions given to you by the University.

☐ Apply for a student card. This can be done through trey.fi/en/for-members/member-services/student-card. This can be done only after you have accepted your study placement.

☐ Activate your personal user ID for the university electronic services through salasana.tuni.fi. This can be done only after you have accepted your study placement.

☐ Apply for housing!
   Find out more about housing options on pages 23–26.

☐ Connect with your student tutor and arrange your arrival to Tampere before Welcome Week starts!
The Student Union

TREY – What’s that?

All degree students at Finnish universities are organized into student unions. By law, its purpose is to represent students, advocate for them and offer them services. The student unions are independent from the universities, but they work in close cooperation with them.

The Student Union of Tampere University – TREY looks after the interests of all 18,000 students in Tampere University. We do advocacy work, support student organizations, offer services and build the community. The law defines the student union’s purpose as serving as a connecting bond between its members by advancing their societal, social and spiritual aspirations. The old student unions of Tampere University of Technology and the University of Tampere merged concurrently with the universities to form TREY.

Advocacy

TREY has an important role in representing students in the university’s decision-making process. This role is emphasized when forming the functions and structures of the new university. We want that the students’ voice is heard in every reform. Advocacy means partaking in all decision-making involving students, ranging from teaching and studying to housing and equality questions. International students are considered in all advocacy work and the internationalization of Finnish students is supported at the same time. The aim of our work is the comprehensive well-being of students.

In addition to TREY, advocacy work is done by student organizations and student representatives (‘hallopedit’ in Finnish). Guilds and student associations, for example, do important work on the degree program level and further the well-being of their students. Student representative work is coordinated by TREY. These are positions that have to be applied for and they exist on all levels of university decision-making. TREY also works closely with Tamko, the Student’s Union of Tampere University of Applied Sciences, in matters concerning Tampere Universities.

Services

TREY offers many useful member services. You can find details about them through our website trey.fi/en/for-members/member-services.

The specialists working for TREY provide consultation and help for members and organizations in all questions relating to studying and student life. You can contact the specialists confidentially if you have problems with, for example, your studies, housing or residence in Finland. The contact details of specialists can be found through trey.fi/en/contact. The specialists for educational affairs help you with questions regarding your studies and due process. The social affairs specialists
aid with questions regarding subsistence, housing, well-being and equality. The specialist for international affairs works with international advocacy and supporting international students here in Tampere. Finally, the tutoring specialist is tasked with coordinating tutoring at the Student Union. Send an e-mail to help@trey.fi if you are not sure who to contact!

In addition to assisting students and organizations, TREY offers several renting services. You can loan out a toolbox and drill, a Kyykkä set if you want to train for the World Championships or other sporting kit to get you moving. We also provide van rental in cooperation with Tampereen Teekkarien Moottorikerho. For international students, TREY offers a Starting Kit. This includes pots and pans, cutlery etc. In short, some things to get you going when you arrive in Finland. Read more about the Starting Kit on our website!

Promotion of interests

TREY does advocacy work outside of the university, as well. The students here form a significant group of people who have an effect on the decision-making in Tampere as well as national developments. The interests of students are also promoted through the student organizations.

TREY and Tamko cooperate under the name Group 35,000 in promoting students’ interests in municipal decision-making. The purpose of the group’s work is to make Tampere an even better city for students and to influence all decisions that have an effect on students here. One in every six inhabitants of Tampere is a student and Group 35,000 aims to further the city’s profile as a student-friendly city.

On the national level, TREY is part of the National Union of University Students in Finland (SYL). SYL is the advocacy group

STUDENT CARD

● Your student card is the symbol of your membership that benefits you in Tampere, all over Finland and even internationally. The student card entitles you to hundreds of student discounts that will help you save money. Find out more through Opiskelijan Tampere (opiskelijantampere.fi/en/). OT works to benefit all students in Tampere!

● In addition to getting you discounts, the student card has other features as well. It serves as the access key on your main study campus. It functions as a library card when you use the university library services. You can also pay for your student lunch at Juvenes restaurants with your student card. A handy tool, then!

● See TREY’s website for information on how to order your student card (trey.fi/en/for-members/memberservices/student-card). The card may be picked up from one of TREY’s service desks in Hervanta or city centre. Please note that you must accept your study placement and activate your user ID before you can order the student card.
of university students whose task is to bring the students’ voice into the national discussion and to advance the students’ interests in universities, as well as on the national and international levels. Some current focal points of SYL are students’ subsistence and housing, the development and resourcing of universities, student mobility, and student healthcare and FSHS. Every degree student is a member of SYL through their student union. Therefore, it forms a significant group of people influencing Finland’s future.

**Council of representatives, Executive Board and staff**

The highest level of decision making in the Student Union is the elected council of representatives. TREY’s council of representatives includes 49 members and meets once a month during the academic year. The council, or ‘edari’ in Finnish, decides on the future of TREY’s finances and its activities. In short, the council decides where the membership fees will be used, therefore influencing the life of every student in Tampere University. The council elections are held every two years. Each member is eligible for candidacy and each member has a vote. The next election is held in the fall of 2020. Hop along to further student well-being!

The council of representatives has committees that focus on certain aspects of the Student Union’s work and report back to the council. The members for these committees are chosen from among the elected representatives. In the spring of 2019, the council has three committees: Administration committee, Committee for Financial Affairs and the Honorary Committee. Additional committees are founded if deemed necessary.

The Executive Board holds the governmental and executive power in the Student Union. The Executive Board is appointed for one calendar year at a time by the council of representatives. The Executive Board deals with the supervision of interests in the long term, manages the Student Union’s day-to-day issues and activities and is in charge of executing the plan of action. The board is also the external representative of the Student Union, and they supervise the administration of the Student Union and use the executive power within the limits set by the Student Union’s rules and the council’s decisions. The Executive Board is accountable to the Student Union’s council of representatives for all of their actions.

TREY employs several experts of student life, led by the Secretary General. The specialists of the Student Union work actively to influence matters at the University, in the city of Tampere as well as on the national level. Furthermore, they give counseling to students in their fields of expertise and organise training and events for the volunteers and associations of the Student Union. The specialists also draft matters for the Executive Board and work to support them in the decision-making.

In 2019, the Executive Board of TREY is headed by Paula Sajaniemi (puheenjohtaja@trey.fi) and the Secretary General’s position is held by Venla Monter (paasihteeri@trey.fi). You can contact the board and staff through toimisto@trey.fi. TREY’s service desks are staffed by Paula Nykänen (Hervanta campus, until September 2019) and Tuire Jalaskoski (city centre campus). They can be reached through help@trey.fi.

If you are looking for individual contact details, see our website trey.fi/en/contact. The website has the most up-to-date information about the Student Union so be sure to check it out!
Our university is a harassment-free zone.

Speaking inappropriately or offensively, suggestions that make you feel uncomfortable, and racist, homophobic or sexist behavior are all absolutely unacceptable in our university. Harassment contact persons support and assist students that have suffered harassment. You can discuss your problems confidentially with them. Don’t hesitate to contact us!

Mikko Salminen
hairintamies@trey.fi
Laura Kaipia
hairintanainen@trey.fi
hairinta@trey.fi
TREY’s communication channels

TREY’s website

You can find TREY’s website from www.trey.fi. The website contains current news and information about the Student Union’s activity and upcoming events.

Social media

● The liveliest social media communication of TREY is through Facebook, and TREY can be found under the name TREY – Tampereen ylioppilaskunta or @treytampere. Facebook is the cradle of TREY’s news, blog posts, statements, videos and events.
● Twitter is a channel for societal discussion, where TREY takes stands, participates in dialogue with other operators and live-tweets about events, such as the meetings of the council. TREY’s account on Twitter is @treytampere.
● On Instagram, TREY’s communication is more light-hearted and casual, and it centres around having fun and communality. TREY’s account on Instagram is @treytampere.

Email lists

TREY maintains various email lists for volunteers and people in positions of trust operating in different duties, such as the student representative body, TREY’s Council of Representatives, tutors and the boards of the associations operating within TREY. You can find more information about these lists from TREY’s website: www.trey.fi/communication.

Newsletter and tent cards

The Student Union has one open newsletter meant for everyone, which is published on the open email lists trey-uutiskirje@lists.tuni.fi and trey-newsletter@lists.tuni.fi. You can find the instructions on joining the lists from TREY’s website at www.trey.fi/communication. The newsletter is published once a week around noon on Friday.

TREY’s tent card is a monthly published printout that is distributed to the University restaurants, and it contains the most current news, events and advocacy news of the Student Union. TREY’s communications sector is in charge of compiling the tent card, and they would love to hear your feedback!

Student media

TREY started the drafting of its own student media in spring of 2019 by surveying the media habits and the interest for their own student media of Tampere university students together with Tamko, the students’ union of the University of Applied Sciences. TREY’s council will decide on the student media’s future in the fall of 2019. You can follow the development on TREY’s social media!
CENTRAL EUROPEAN LIVING ROOM

Your benefits:
- Aura 0.4 l  3.8 €
- Happy Joe 0.3 l  4.1 €
- Long drink 0.3 l  4.5 €
- Coffee, Tea  2.0 €
- Hot chocolate  3.0 €
- Specialty Coffee - 0.5 €

Open: mon–tue 12–00 | wed–thu 12–01 | fri–sat 12–03 | sun 13–00
Aleksanterinkatu 29 | K18, K20 | cafeeuropa.fi
TULLIKAMARI
KLUBI
THE LIVE VENUE IN TAMPERE
– the best gigs + party till 5am

With student card free admission to night club after the gigs and 20% off from the tap product prices all day every day.

More info tullikamari.net/en/edut
Events of the Student Union

Opening day 10–12 September

The joint opening week of the whole university community is celebrated on 10.–12.9. Wednesday 11.9. is the students’ day, which culminates to the party at Tullikamari Klubi and Pakkahuone. More information about the schedule and the performer of the night is coming to the channels of TREY and the university.

Newcomers’ orienteering 18 September

Newcomers’ orienteering is a check point orienteering that takes over the whole centre of Tampere. Teams made up from freshers go around check points organised by the associations, and they get to perform different tasks from poetry reading to obstacle courses. The teams with the highest scores are rewarded after the orienteering at the afterparty. Ask more from your tutors and follow TREY’s channels.

Sports fair and Hobby fair 25–26 September

The Hobby fair organised at the centre and Hervanta campuses offers you an approachable way to get to know different hobby associations. At the same time, the divisions of the umbrella organisations Mahti and Turvoke offer more sporty activity possibilities at the Sports fair. Go visit both fairs, more information will be published on TREY’s website.

Anniversary celebration 19–20 October

TREY’s first anniversary celebration will be an academic dinner party, where you can dress up and eat well – not forgetting the students’ singing culture. The anniversary celebration weekend continues Sunday with a traditional brunch. Dress up to the nines and come participate our own community! Sign-up and further details will be published later on TREY’s website.

Wappu

The academic year of students culminates in between April and May to a two-week Wappu. The Student Union, associations and clubs organise over a hundred events during the weeks. There are all kinds of events and something for every taste.

Culture Appro

The regularly organised Culture Appro offers a possibility to get to know the cultural life in Tampere. The destinations of the Culture Appro vary from the theatre and art museums to stand-up comedy and harness racing. Follow TREY’s announcements about the future Culture Appros.
Welcome to TEK Community

Academic Engineers and Architects in Finland - TEK is your professional organisation. We are here for you and to support you in establishing your career. As a student member you get nearly all membership benefits and services for free. TEK provides you with summer job announcements, job hunting advice and tips, trainings, networking events, salary counselling, employment counselling and multiple benefits and discounts. www.tek.fi/en/benefits

www.tek.fi/en/joinstudent

Teemu Kontro
Student Liaison
teemu.kontro@tek.fi
+358 40 750 3170

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TAMPERE PHILHARMONIC ORCHESTRA STUDENT TICKETS
Student ticket on the concert day 5 €
Symphony Concert ticket 15 €
Chamber Music Concert ticket 5 €

TAMPERE PHILHARMONIC YOUNG LISTENERS’ CLUB (15–26 years)
Symphony Concert ticket 6 €
Chamber Music Concert ticket 0 €
Join for free! tamperefilharmonia.fi/liity

CONCERT TICKETS:
Tampere Hall ticket sales, Kulttuurimyyväntä Aplodi, Lippupiste and www.lippu.fi/en (Lippupiste charges a service fee)
Welcome to Tek Community

Academic Engineers and Architects in Finland - Tek is your professional organisation. We are here for you and to support you in establishing your career. As a student member you get nearly all membership benefits and services for free. Tek provides you with summer job announcements, job hunting advice and tips, trainings, networking events, salary counselling, employment counselling and multiple benefits and discounts.

www.tek.fi/en/benefits
www.tek.fi/en/joinstudent

Teemu Kontro
Student Liaison
teemu.kontro@tek.fi
+358 40 750 3170

The Park Concert
Starts the season 9.8.

Tampere Philharmonic Orchestra Student Tickets
Student ticket on the concert day 5 €
Symphony Concert ticket 15 €
Chamber Music Concert ticket 5 €

Tampere Philharmonic Young Listeners’ Club (15–26 years)
Symphony Concert ticket 6 €
Chamber Music Concert ticket 0 €
Join for free!
tamperefilharmonia.fi/liity

Concert tickets:
Tampere Hall ticket sales,
Kulttuurimyymälä Aplodi,
Lippupiste and
www.lippu.fi/en (Lippupiste charges a service fee)

Campus maps

Trey’s Service Desks

The Student Union works at three locations on the city centre and Hervanta campuses. The service desks offer member services to students and you can, for example, pick up your student card, loan out sporting equipment and purchase Trey’s products through them. The majority of Trey’s personnel work at the Rakennustalo building on the Hervanta campus. Currently, Trey does not have a service desk on the Kauppi campus but this is being negotiated with the university.

Service desk, city centre campus

Kalevantie 4, room D213 (Main building, ground floor), 33100 Tampere
phone: +358 44 361 0210
e-mail: help@trey.fi

Service desk, Hervanta campus

Korkeakoulunkatu 10 (Päätalo building, 2nd floor), 33720 Tampere
phone: +358 40 713 0073
e-mail: help@trey.fi

Main office

Hervanta campus
Rakennustalo building (L-wing, 3rd floor), 33720 Tampere
e-mail: toimisto@trey.fi

Maps

Tampere University is spread out over three campuses around the city. You will get to know your primary campus quickly, but it is highly recommended to explore the others as well. Take a lunch trip on the other campuses if your studies would not otherwise take you there! Here you can find convenient maps for all three campuses.
Main entrance
Infodesk
Visitor parking
Disabled parking
Taxi drop-off and pick-up

Student sauna

Kampusareena
F Festia
K Konetalo
P Main Building
R Rakennustalo
S Sähkötalo
T Tietotalo

Tamppi Areena
Research facilities

Korkeakoulunkatu
Hervannantie
Bus station: 6 min
Main entrance
Info desk
Disabled parking
Taxi drop-off & pick-up

Main Building:
Pinni A
Pinni B
TietoPinni
Linna
Virta
Atalpa
Theatre

Railway station: 9 min

CITY CENTRE CAMPUS
CITY CENTRE CAMPUS

1. Main Building
2. Pinni A
3. Pinni B
4. TietoPinni
5. Linna
6. Virta
7. Atalpa
8. Theatre

- Main entrance
- Info desk
- Disabled parking
- Taxi drop-off & pick-up
Homes for students and young working people

POAS
Fresher’s life in Tampere

Tutoring helps you in the beginning

At Tampere University, each incoming student has been given a student tutor to help them get going with their studies. Student tutoring is organized in cooperation with the university, TREY and student organizations and guilds. Your tutor is an experienced student, often from the same field as you, who has had extensive training for the job. Your tutor will contact you, often by e-mail, before you come to Tampere. Sort out your arrival arrangements with them and get to know them a little bit. Your Welcome Week starts on 19 August and your tutor will be there to help!

Tutoring involves going through studying practices in Finland, the quirks of living here and student culture in Tampere. Your tutor will probably have ties to some student organizations, so hop along! Naturally, your tutor’s job is to help you if problems arise. Any questions you might have about studying and living in Finland can be sorted out with your tutor. Be proactive, however. You can get the most out of your tutoring by asking a bunch of questions and having an open mind.

The student union supervises that Tampere is a good place to study

Social affairs (sopo in short in Finnish) concerns the advocacy in matters relating to the student’s daily life: housing, subsistence, food, health care, well-being and questions of equality.

Housing

In Tampere, you can live with a reasonable price and at a good location when you apply for an apartment right away after hearing about your study spot. Especially in the autumn, there are a lot of people looking for apartments. The fastest way to get a roof over your head is to apply for a shared apartment from TOAS without limiting the location too strictly. The studio apartments often have a 1-2-year queue. Both TOAS and POAS accept for tenants couples which have only one student member.
TOAS
Tampere Student Housing Foundation has provided students with cheaper prices than the market prices for 60 years and today they have about 9000 tenants. You can check out the versatile range of apartments and leave an online application at toas.fi.

International students have their own application channel on TOAS, where you can apply for furnished apartments. toas.fi/en/two-ways-to-apply/

POAS
Pirkan opiskelija-asunnot oy offers apartments for young people under 30, who are students or in the working life, and some of the apartments are reserved just for students. POAS allocates apartments on means-tested basis, so if you have no apartment, you might get a new home quite quickly. Apply for apartments at poas.fi.

OPISKELIJAN TAMPEREEN ASUNNONVÄLITYS
Opiskelijan Tampere provides rented apartments for students from the open market, and you can use the same service to look for roommates and search apartments together. The service is free. opiskelijantampere.fi/asunnot

Opiskelijan Tampere offers international students furnished apartments from the open market through INT Housing programme. Read more about the service here: opiskelijantampere.fi/en/int-housing/

TAMPEREEN ASUNTOTORI
From Tampereen Asuntotori (Puutarhakatu 8, 020 127 7215), you can find the custom service counters of the following renters who serve students:
- Tampereen Vuokratalosäätiö (vts.fi)
- Tampereen Vuokra-asunnot Oy (tampereenvuokra-asunnot.fi)

More information and a list of cooperation partners: tampere.fi/asuntotori.

DO YOU NEED EMERGENCY ACCOMMODATION? If you can’t find an apartment before your studies start, Opiskelijan Tampere’s emergency accommodation offers reasonably priced hostel accommodation while you’re waiting: opiskelijantampere.fi/en/emergency-accommodation/. You can also contact the social affairs specialist of TREY, and they will help you find a roof over your head.
Make a **CAREFREE** electricity contract at a student friendly price.

Contact our customer service
+358 20 630 3000
(Mon – Fri 8 AM – 4 PM)
asiakaspalvelu@sahkolaitos.fi.
WHEN YOU FIND AN APARTMENT

MOVE Remember to fill in a notification of change of address when you move to a new address! You can do it for Posti and the local register office from the same address: posti.fi/muuttoilmoitus.

AS A TENANT you have both rights and responsibilities, which may differ from those in your home country. Take care of them! The toas.fi website, for instance, has information and tips for independent living. The social affairs specialist of the student union will help you with advocacy and questions concerning housing.

HOUSING ADVICE The city’s advice in housing issues will help in problem situations concerning housing. For example, if you have rent debt, financial problems or you need advice in applying for apartments and becoming independent, you can contact: tampere.fi/asumisneuvonta: tampere.fi/asumisneuvonta.

CONSCRIPTION AND HOUSING
Conscription may concern you if you are a Finnish citizen, male and 18–30-years-old. If you have had your own rented apartment for over three years before you enter service, Kela will grant compensation as housing benefits for reasonable living costs. More information: kela.fi/web/en/social-assistance-conscripts.
If you are a Finnish citizen or live in Finland permanently, you have a right to Finnish social security. If you are a citizen of another country or you have come to Finland only to study, your home country will take care of your social security. If you are not a Finnish citizen, KELA will assess, based on your information, which group you belong to.

A) If you are a citizen or live in Finland permanently

You are entitled to financial aid for students and a state guarantee for a student loan for your studies. While you’re living in Finland, you may also get general housing allowance and while in exchange, a housing supplement. If you’re suffering from a long illness, you are also entitled to sick leave and a sickness allowance.

You can apply for all these benefits from kela.fi/asiointi and you can read more about their conditions from kela.fi/web/en/students. The social affairs specialist of the student union will answer your questions and, if needed, help you apply for the benefits you are entitled to: trey.fi/en/contact.

B) If you are not a citizen and you don’t live in Finland permanently

If you live in Finland temporarily, you will usually only be entitled to necessary emergency social assistance (e.g. food and acutely needed medicines), if you have no other means of attaining them. The assistance is awarded in the form of vouchers. In such a situation, contact KELA’s customer service. You can also contact the student union’s social affairs specialists, who can help you with contacting the right people, filling out forms, or any other issues you might have: trey.fi/en/contact.

Problems?

In questions concerning Kela’s benefits, the fastest way to get answers is through Kela’s e-Services (kela.fi/asiointi). The social affairs specialist of the student union will help you in all problem situations and forward your matter if necessary. You can find their contact details from trey.fi/en/contact.

Substinent

Kela’s phone service in international situations: 020 634 0200

Kela’s customer service in Tampere:
Aleksis Kiven katu 18, 33100 Tampere
Open Mon - Fri 9:00-16:00

Tampere city’s services for immigrants:
tampere.fi/en/mainio.html

Kela’s phone service in international situations: 020 634 0200

Kela’s customer service in Tampere:
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Substinent
Transportation

Cycling

From the standpoint of environment and health, the best form of transportation in Tampere is cycling. You can find the journey planner for cycling from kevytliikenne.tampere.fi. Current cycling maps and traffic notifications can be found from the tampereenliikenne.fi service. From Tampereen polkupyöräilijät ry’s website tarakka.fi, you can find extensive information about bicycle repair shops and bicycle stores. Remember to wear a helmet when you use a bike!

Public transport

The buses of Tampere regional transport, Nysse, will take you to every campus of the University.

First and foremost, the new student should get themselves their own travelcard: you can buy one from the Frenckell customer service or order it from Nella Online Service for €5. Travelling with a travelcard is considerably cheaper and more practical than other payment methods, and travelling is especially inexpensive with season tickets. You can also pay with cash or the Nysse Mobile app in the buses of Tampere.

Student discount in buses

You can get a personal travelcard, which enables you to utilize youth and student discounts, if you have a Finnish social security number. If you don’t have a Finnish social security number, you can obtain a holder-specific travelcard and travel at regular prices.

TKL CUSTOMER SERVICE

Frenckellinaukio 2 B

Opening hours

Mon – Tue 9.00 – 17.00
Wed – Fri 9.00 – 15.45

Tel. 03 5656 4700

There are no student discounts when paying for a ticket with cash or Nysse mobile. The discount does also not apply in the night fare of the ticket, which is an extra €3,5 for tickets bought between 00:00–04:40. You might want to reserve extra cash or value on your travelcard for night-time travels!

Repa, Nella and Lissu

The online services of Tampere City Transport are Repa Journey Planner, Nella Online Service and Lissu Traffic Monitor. You should add these to your bookmarks!

FROM REPA, you can find the fastest traffic connections by searching with an address reittiopas.tampere.fi.

FROM NELLA ONLINE SERVICE, you can buy tickets to your travelcard: nella.tampere.fi.

LISSU TRAFFIC MONITOR follows the bus routes in real time: lissu.tampere.fi.

YOU CAN FIND the bus timetables from aikataulut.tampere.fi.
The tram is coming!

The Tampere tram will start operating in 2021. If you want information on the working stages of the tramway and the effects of the construction on traffic, you can find it from raitiotieallianssi.fi. If you are interested in the specs or planning of the tram, go to tampereenratikka.fi.

Student benefits in long-distance transport

You can get an about 30% percent discount on VR’s train tickets with the student card. You must have the card with you, when the ticket is checked. Matkahuolto also offers student discounts from travel tickets. With an online offer ticket or a saver ticket, the trip might be even cheaper than with a student discount, if you book your trip on time!
PunaMusta Ltd is printing house whose services cover all areas of today's printing from magazines, newspapers and digital printing products to large format printing. We also serve our customers in the design and layout, and help our customer’s everyday lives through our ordering systems. Printed products we can convert to electronic format with our Lukusali 24/7 service.

Our printing processes are highly automated, but the most important asset is our staff. We rely on personalized service, and we have been told that it works. We are big, but small enough to be close to the customer.

Books and publications

We print books regardless of the volume of the publication. The edition can even be only one book. The book can be a dissertation, genealogy, poem book, picture book or some other publication.

We help the customer in the publishing process from designing the book to the finished paper or electronic books. We also help with distribution and marketing and publishers can use our bookstore as a sales channel.
Health care services for students

During your studies your support of well-being and health is Finnish Student Health Services (FSHS). FSHS is a specialist in student health care: we offer you as a student of university general, mental and oral health services and support for well-being of study communities.

FSHS serves you online and in your university town!

Self is the student’s own online service for health care issues at FSHS

Self is an easy and fast way to take care of your health care issues. You can manage appointment bookings, view your investigation results and communicate via chat. Start using Self right away!
yths.fi/en/self

How are you?

Get a good start on our journey by telling us how you are doing. FSHS invites all the new university students to answer an electronic health inquiry via Self during the first year of study. Your responses are assessed by a public health nurse. The nurse will send you a reply message containing a personal assessment of health. If necessary, you will be asked to make an

CONTACT INFORMATION AND OPENING HOURS

● Kalevantie 3 A, 33014 Tampere
● Korkeakoulunkatu 6, 33720 Tampere

Mon–Thu 8 a.m.–3 p.m., Fri 8 a.m.–2 p.m.

TREATMENT NEED ASSESSMENTS AND APPOINTMENTS

● Chat service in Self yths.fi/en/self
  Mon–Thu 12 p.m.–3 p.m., Fri 12 p.m.–2 p.m.

● Phone service
  Mon–Thu 8 a.m.–3 p.m., Fri 8 a.m.–2 p.m.

● General health phone 046 7101054
● Oral health phone 046 7101058
● Mental health phone 046 7101054

● Check our websites for all units’ contact details and opening hours and our exceptional opening hours: yths.fi/en.
Well-being

**Nyyti ry**

The overall well-being of students consists of many different things. You shouldn’t be alone with your troubles and concerns, but rather contact people who can help.

Nyyti ry is a national Finnish non-profit organisation, and its operations are supported with proceeds from Veikkaus. Nyyti ry promotes students’ mental health by providing versatile information and activities on mental well-being and coping with everyday life while studying. In addition, Nyyti ry organizes chats and groups where students can discuss.

Read more here: nyyti.fi/en/

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**Healthcare when FSHS is closed**

In urgent need for care, please contact Tampere city healthcare service help desk, tel. +358 (0)3 10023, daily from 7 a.m. to 10 p.m.

At night-time, at the weekends and on public holidays you should contact the first aid unit Acuta at the Tampere University Hospital, in the Kauppi district, Teiskontie 35, building K, tel. +358 (0)3 311611

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**Sick leave**

If you’re entitled to Finnish social aid, you can get sickness allowance in the case of a prolonged illness. Check Kela’s website: www.kela.fi/web/en/sickness-allowance

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**Follow us on social media:** Facebook, Instagram, YouTube, Twitter and LinkedIn.

We at FSHS are working to promote your health, well-being and ability to study.
“Life is a journey. Sometimes you can't find the start of your path or the path seems to lead to a dead end. Sometimes sadness overwhelms you. Talking helps. It opens up new possibilities and changes your perspective. Do not remain alone.”

The evangelical lutheran parishes of Tampere work on the campuses through their school participation program, offering support and help in times of crisis. Their work respects all beliefs and is open to everyone. You can additionally request them to conduct various ecclesiastical services.

Students may reserve campus chapel rooms on the Hervanta campus’ Festia building and City center campus’ Pinni B building for their own use. Contact the reverend from the respective campus to make a reservation.

tampereenseurakunnat.fi/sivustot/in_english
Student friendly meal prices on campus

The restaurants on campus ensure that students get affordable food during the day. The price of the lunch includes a student discount as university students in Bachelor’s and Master’s programmes are eligible for Kela meal subsidy worth EUR 1.94 per meal. In order to get the discount, you must present a valid student card or student certificate (from Student Services).

RESTAURANTS IN CITY CENTRE CAMPUS:
● **Main building:** Juvenes restaurant
● **Pinni-building:** Fazer Amica Minerva
● **Linna-building:** Sodexo

HERVANTA CAMPUS:
● **Konetalo-building:** Juvenes Newton

KAUPPI CAMPUS:
● **Juvenes Arvo**

There are also many cafeterias where you can pick a snack or a coffee.

● **In city centre campus:** Cafe & Aula Toivon, Alakuppila and Cafe Pinni.
● **In Hervanta campus:** Cafe Bitti, Cafe konehuone and one cafeteria in restaurant Reaktori.
● **In Kauppi campus:** Cafe Lea.

Juvenes is a company owned by TREY, so as a member of the Student Union you are also an owner of Juvenes. Makes sense to use the services of the company you own, right?

In Juvenes you can charge lunches to restaurant Minerva Pinni B & restaurant Reaktori Kampusareena.
Juvenes restaurant & café services in Tampere University campuses

CITY CENTRE CAMPUS (Kalevantie 4)
YLIPISTON RAVINTOLA (Main building, 2. floor)
Rohee-lunch - choose between a home-made option and a vegetarian option
Fusion Kitchen - delicious street food dishes e.g. burgers
VEGEBAR (100 % vegan) (Main building, 2. floor)
VegeSAAS BAR - flavors around the world
Salad & Soup - salad & soup meal
CAFÉ & AULA TOIVO | SHOP IT (Main building, 2. floor)
Happy Coffee, Sweet & Salty - wide selection of coffee, tea and pastries
Specialty Coffee & Tea - large range of coffee & tea specialties
Salad & Soup - salad & soup meal
Shop It -palvelupiste - special services: local bus ticket loading, Osto & Nosto -ATM service
CAFÉ ALAKUPPILA (Main building, 0. floor)
Happy Breakfast - healthy breakfast
Happy Coffee, Sweet & Salty - wide selection of coffee, tea and pastries
Paniniateria - panini meal with fresh salad
CAFÉ & LUNCH PINNI (Pinni A, 0. floor.)
MySalad - make & weigh your own salad
Rohee-lunch - choose between two options. Pan pizza also available!
Happy Coffee - coffee, tea and pastries

HERVANTA CAMPUS (Korkeakoulunkatu 6 A)
RAVINTOLA NEWTON (Konetalo, ground floor)
Rohee-lounas - choose between a home-made option and a vegetarian option
Street food - pizza available every day
CAFÉ KONEHUONE (Konetalo, 1. floor)
Happy Breakfast - healthy breakfast
Fusion Kitchen - delicious street food dishes e.g. burgers, steaks and wings
SAAS BAR - flavors around the world

KAUPPI CAMPUS (Arvo Ylönen katu 34)
RAVINTOLA ARVO (ground floor)
Rohee-lounas - choose between a home-made option and a vegetarian option
Street food - pizzaa keskiviikkoisin
CAFÉ LEA (ground floor)
Happy Coffee - coffee, tea and pastries
Fusion Kitchen - delicious street food dishes

Prepay and load lunches into your student card and get some discount.

Check out the menus and the opening hours: juvenes.fi

City Centre Campus  Hervanta Campus  Kauppi Campus
The Student Union is an equal community, where we intervene with harassment, bullying and other inappropriate treatment. The perspective of equality is cross-cutting in all operations and instances of TREY. TREY influences gender equality, accessibility and equal treatment for all kinds of people at the University.

All students, regardless of age, nationality, ethnicity, skin colour, gender, sexuality, state of health, ability to function, beliefs, family situation or socioeconomic background, are equal members of the Student Union. Any kind of discrimination based on a person’s characteristics will not be accepted.

TREY’s social affairs Specialist will answer questions about the accessibility of the Student Union’s operations and would gladly hear your comments and experiences. You can find the contact information on TREY’s website: trey.fi/en/contact

Harassment contact persons

TREY has two harassment contact persons, who will give advice and support in cases of harassment, assault, discrimination and other cases of inequality students might face. You can contact the harassment contact persons even if you are unsure of your situation or you just want to discuss ways to intervene in cases of harassment. If needed, the harassment contact persons will guide you to further assistance.

The harassment contact persons operate on the terms of the student and no further action or contact will be made without consent. All conversations with the harassment contact persons are fully confidential.

You can contact both harassment contact persons via email (hairinta@trey.fi) or only one of them (hairintamies@trey.fi, hairintanainen@trey.fi).
-20% discount on main courses with Ravintola.fi student card.

Other student cards -10%, discount applies to card holder plus one companion.

Includes the following Ravintola.fi restaurants:
Studies

Educational affairs, known in Finnish as ‘kopo’, includes matters relating to studying, teaching, due process, and the university and its administration. The educational affairs sector works with issues relevant to all students in Tampere University every day.

In the Student Union, educational affairs are the main focus of two Executive Board members and two educational affairs specialists. Their job is to ensure that the students’ voice is heard all over the university and to see that adequate attention is given to the quality of teaching. The educational affairs sector makes sure that every reform in the university is made with students in mind.

Students’ rights & responsibilities

The university community is made up of three parties: Teaching, research and administrative staff, professors and students. Each party has rights and responsibilities in relation to the others. To ensure that the university is a good place to learn, do research and that it has a notable role in society, each member of the university community must recognize their rights and responsibilities.

A student has the right to:

- receive tutoring, study guidance and thesis supervision
- study flexibly
- study accessibly
- receive feedback for an exam, essay or other course work
- study without encountering harassment or discrimination
- study in a safe and healthy environment
- seek recognition of prior learning in your degree

The responsibilities of a student include a short list of matters that each student must bear in mind in all phases of their studies. Many of them are not solely the students’ responsibility, but must be taken into consideration nevertheless.

A student is responsible for:

- giving feedback of teaching and guidance
- drafting a personal study plan and furthering their studies based on the plan
- avoiding discriminatory or harassing behavior and study by taking others into consideration
- returning their course work in time
- enrolling to the university during the enrolment period
- following good scientific practices
- adhering to the rules of the University

Students’ rights and responsibilities are explained in further detail on our website.

Student Services

In addition to the guidance and counseling offered by faculties and degree programs, common guidance services are available to all students via Student Services. Study
psychologists and working life advisers also offer common guidance.

**Student’s Guide**

The Student’s Guide is your most important source for all information concerning studying in Tampere University. The guide can be accessed through tuni.fi/studentsguide. The guide includes the curricula and information on:

- Starting your studies
- Guidance and counseling services
- Practicalities such as exams, teaching periods and elective studies
- Internationalization
- Graduation and career options

Through the Student’s Guide you can access important services such as study guides, curricula and helpful handbooks for studying.

The Student’s Guide will be launched in phases during the summer of 2019. The Guide is available at beginning of the fall semester by latest. For this reason, it is useful to seek information from the guides of the old universities:

- POP (for students on the Hervanta campus) tut.fi/pop
- Study Guide (for other students) uta.fi/opiskelunopas/en

**Student Electronic Services**

In the student’s everyday life, different network environments become familiar. The main online services related to the studies are renewed throughout the university community. In the transition time, the services may vary depending on your program. The main online services are introduced next.

All main academic services can be found through the student’s guide tuni.fi/studentsguide. The University of Tampere Study Guides are updated to the page tuni.fi/fi/opinto-oppaat

**THE MOST IMPORTANT STUDY-RELATED ELECTRONIC SERVICES ARE**

- **TUNI Moodle**, e-learning platform, which is already used in courses in autumn 2019
- **EXAM**, electronic examination system, it will replace the Tenttis system in the centre and Kauppi campuses.
- **Office 365**
- **Library Services** tuni.fi/library
- **MOT Dictionaries**

The University intranet also updates important topics for the students. The Intranet is the official channel for the university’s internal communications and can be found at intra.tuni.fi. On the intranet, you will find news, handbooks, people search and various electronic services. For example, you can update your own profile by clicking your name in the upper right corner of the intra interface. In the news section, weekly newsletters, information about the university decision-making (e.g. decisions of the University board and Faculties), and the joint events of staff and students are published. In the intranet, the different newsletters and news are targeted, which means that all communications are not visible to students directly. If you want to change your targeting, it’s possible.

Please note that this guide has been drafted in the spring of 2019 and many university issues are still ongoing and may change by autumn. Changes will also occur during the academic year 2019–2020. Keep up with the changes by
following the Student Union and university channels. For example, the former University of Tampere, Student’s Desktop and the former Tampere University of Technology, student’s portal POP will remain alongside with the new intranet until the summer of 2020.

**Accessibility**

Accessibility includes themes such as accessible routes, rooms and parking spaces, but also a number of things relating to teaching methods, communication and the social environment at the university. The university campus services work to make the university’s campuses more accessible and the IT services are in charge of accessibility in the TUNI website environments. You can send them feedback directly, if you notice any accessibility issues in their domains. The university accessibility contact persons will help and advice you. You can contact the accessibility contact person with the e-mail opiskelijanohjaus.tau@tuni.fi.

All university lecture spaces are technically wheelchair accessible. Many of the older rooms, however, are only partially accessible as there are stairs down to the podium. If you cannot find an accessible route to the room you’re seeking, you can always ask the janitors for help. Many larger lecture rooms also contain an induction loop.

Accessible private exam spaces are PC201 in Hervanta and A026 in the main building of the central campus. These rooms can only be used by students who possess a proposition for special arrangements. You can read more about them in the next chapter.

Accessibility is an important value to TREY. We aim to organize all our events and meetings in accessible spaces. If you have any questions, comments or experiences about accessibility, please contact one of TREY’s social affairs specialists.

**After earning your degree? Career planning during studies**

Thinking about your future working life during your studies will help you recognize career options and goals. By putting your competences into words and recognizing the starting points for your learning can help clarify your potential career path. All activities during your studies can have a big influence on your future. For example, volunteering and organization work or gained working experience might produce competences that are beneficial in your career planning.

Career planning and employment information can be found through the Aarresaari website (aarresaari.net/opiskelijalle in English). The website includes information on planning your future, internships, links to job search and guides. Information about the multitude of employment options for graduates of universities can be found on the Töissä.fi –website (toissa.fi/home-en-us/).

Youth House Ohjaamo offers support for people under the age of 30 in career selection, defining your goals and applying for positions.
HI, NEW STUDENT!
ADMINISTRATION, BUSINESS
OR ENGINEERING FUTURE SUPERSTAR!

ARE YOU THE ONE WE’RE LOOKING FOR?
FIND THE MOST INTERESTING JOB & INTERNSHIP OPPORTUNITIES:
www.studentwork.fi/en

STUDENTWORK
Rising & Experienced Graduates
Sports
SportUni

BEST UNIVERSITY SPORT FOR STUDENTS AND STAFF

sportuni@tuni.fi
sportuni.fi
@SportUniTampere
#SportUni

SPORTUNI – BEST UNIVERSITY SPORTS
SportUni provides high quality and versatile sport services for students and personnel of Tampere Universities. You can use three campuses’ services for just one affordable fee!

CHOOSE WHAT YOU WANT!
● Group exercise – almost 100 classes in a week
● Sport courses – enrol four times a year
● Ball games from badminton to team sports
● Gyms – equipment, functional or free weight training
● Outdoor gyms
● Personal training services – just for you
● Climbing, billiards and many more different sport opportunities

COUNT ME IN!
Wonderful. And it’s so easy. All you have to do is pay the SportUni fee at your own university sport centre. You get access rights automatically. If you wish to request access rights to other Tampere university’s sport facilities, please contact that university’s reception.

PRICES FOR STUDENTS
Full academic year (1 August 2019 - 31 July 2020) 75€
Fall semester (1 August 2019 - 31 December 2019) 44€
Spring semester (1 January 2020 – 31 July 2020) 49€
Per visit fee 6€,
you must have a valid student card
Students’ sports teams

Tampereen Akateeminen Mahti

Visible and versatile, widely moving Mahti activity.

Mahti is the sports club of the Tampere higher education community, and its mission is to provide students with the possibility to exercise diversely in a way that’s suitable for them personally with student-friendly prices. Mahti has nine sports divisions and sport tutors, who organise various introductions to sports. The versatile division activity and events guarantee that there’s something for everyone. Everyone is welcome to join!

The divisions of Mahti: football, futsal, floorball, volleyball, basketball, aesthetic group gymnastics, horseback riding, disc golf and badminton.

More information can be found from the website www.akateeminenmahti.fi

Teekkareiden Urheilu- ja Voimailukerho, TUrVoKe

Teekkareiden Urheilu- ja Voimailukerho, TUrVoKe ry, promotes the exercising possibilities of the higher education community particularly on Hervanta campus. TUrVoKe organises sports events throughout the year and they are open for all students.

A significant part of the exercising possibilities is organised by the sports divisions under TUrVoKe called sport clubs. The sports provided by the divisions are floorball, football, futsal, judo, karate, taekwondo, gym workout, horseback riding, ultimate, American football, orienteering, climbing, volleyball, downhill skiing, sailing, kyykkä, circus skills and ice hockey. You can get to know the activities of the divisions better in the sports fair organised during autumn.

Follow TUrVoKe on Facebook and Instagram with the name Turvoke.
Internationality and internationalisation are the words of the day. When you arrive at the university, you will notice that there is a constantly developing international community on our campuses. There are about a thousand foreign students studying at Tampere University annually. About half of the international students are degree students, who are completing their Master's degree. In addition, we have a lot of foreign post-graduate students and staff. You will also have amazing opportunities to internationalisation and to enrich your student life at the same time!

**Speak to other international students**

As simple as that! International students are a part of our community – don’t shut yourself off because of your shyness! Finnish students may also be shy to approach international students, so make the first move!

**Speak English**

If you think that your English skills are not good enough, you’re probably wrong. The English skills of Finnish people are generally thought of as being good, but English isn’t their mother tongue. You can’t improve, if you don’t practise!

**Speak Finnish**

Many of our international students speak Finnish and they desperately need practice. Speak Finnish persistently to your international or Finnish friends – once again, you cannot improve without practise!

**Speak some other language**

Have you studied German, Spanish, Russian, Italian, Chinese or some other language, and you would like to maintain your skills or put them into practice? International students come to our university from all around the world, so it’s very likely that you can find native speakers of the language you’re studying from our university.

**Become internationalised at home**

Becoming internationalised at home means internationalisation without leaving the city you’re studying in. Our community offers many options for this:

- spend time with your foreign and Finnish acquaintances – ask them out for coffee or to the gym
- join an international club (see. p. 47)
- become an international tutor
- participate in an English-language course
- do exercises in multicultural working groups
- apply as an international affairs organiser of an association

**Go abroad**

From the early stages of your studies, you should start planning the suitable time for studying abroad or completing an internship abroad. If you want to learn a new language abroad, you can start studying that language at the beginning of your studies. There are many options for internationalisation abroad:
- exchange in a university abroad
- internship abroad
- different courses abroad

And there you go! A lot of other fun things are offered as well, but by following these instructions you can already get quite far. Become internationalised and expand your world view!

**Influence**

International advisory board is an organ of the Student Union focusing on advocacy, which is directed at international students. International students support the Student Union’s advocacy work in the organ by sharing their experiences and thoughts concerning internationality at the university and overall in Tampere. IAB’s purpose is to promote the internationality of the university and the status of international students and their possibilities for influencing.

Students can also influence internationality by applying to be an international affairs organiser of associations. International affairs organisers operate within their association, but also meet regularly with the international affairs organiser of the Student Union and in that way, they can do influential advocacy work for international matters!

"More knowhow than from any job before."

Apply already in your first year at the university.

DEMOLA  www.demola.net

Thank you for sorting your waste!

In Tampere region 99 % of the waste is recycled or recovered as energy. Source separation of household waste is a crucial task.

PIRKANMAAN JÄTEHUOLTO
pjhoy.fi/english/company
Organizations

There are about 160 different organizations operating within TREY. Among them you can find student associations and guilds, advocacy associations operating on the faculty level, subject associations and various hobby associations. In particular, your own field’s association or guild will certainly become familiar to you soon, but our field of associations include a massive amount of different associations. You can get to know how diverse they are from trey.fi/en/associations.

The associations can be divided into a few different categories – here’s a short introduction of them. You can find the up-to-date and comprehensive list of our associations from TREY’s website.

Student associations and guilds

Student associations and guilds are consortiums of students of certain subjects or fields, which advocate for their members in the degree programmes and organise recreational activities for the students. The role of both is primarily the same; a guild is an association of students in the field of technology and student associations are for students of other fields.

Student associations and guilds of degree programmes with student admission are often the first associations that become familiar to the new students – they represent the degree programmes that admit new students through student admission. They participate closely in organising tutoring at Tampere University. Your tutor will most likely introduce you to the activity of the student association or guild. Even though parties are a big part of the daily life of these associations, they also do important advocacy work within the degree programmes and as a part of the university community.

Participating in the activity as an operator or an active member will offer a great possibility to also get to know students of other fields. Student associations and guilds collaborate a lot by organising e.g. joint get-togethers.

Other associations are associations with no student admission. They do the same things as the other associations, but you can become a member when, for instance, you know your area of specialisation. Many associations operate within large degree programmes – those that are responsible for the tutoring and freshers’

Advocacy associations

The advocacy associations operate on the faculty level, and their members are other associations. That means you can’t directly become a member of an advocacy association, but your membership comes through the association of your field of studies. Advocacy associations operate in four faculties: Faculty of Management and Business, Faculty of Education and Culture, Faculty of Information Technology and Communication Sciences, and Faculty of Social Sciences. The advocacy associations supervise the interests of their faculty’s students, organise training for their member associations and build communality within the faculty. Some of the advocacy associations have other responsibilities as well, such as organising the tutoring for international students.
events of the whole degree programme, and those that are responsible for supervising the interests of students of a specific area of specialisation.

**The umbrella associations for sports**

Two associations/sports clubs focusing on sports operate on the campus: Tampereen Akateeminen Mahti and Teekkarereiden Urheilu- ja Voimailukerho TUrVoKe. Sports divisions focusing on specific sports operate under them. Read more about the activity of the sports associations from page 43 of this guide.

**Hobby associations**

Most of our associations belong under this title. Hobby associations operate on the basis of some hobby, interest or conviction. In the hobby associations you can, for example, get to know space technology, the secrets of wine tasting, electronic music and the students’ theatre. You can hopefully find many associations that interest you from the broad selection. The hobby associations promote the aims of their members as they see fit – yet they’re all connected by communality and doing things together! Read about our hobby associations before you arrive to Tampere and don’t be afraid to contact them. New members are always welcome and wanted. You can get to know the hobby associations on the spot in the Hobby fair organised in September!

**International associations and clubs**

The student union has many hobby associations focusing on internationality and international activity. There is a large spectrum of them; some of them bring together students of a certain discipline, some concentrate on internationalisation in Finland. All international associations and clubs are connected by promoting internationalism in our community. Read more about internationality from pages 44–45 of this guide and read more about international associations and clubs on our website.

**Subject associations**

Subject associations are hobby associations committed to a certain discipline. Subject associations maintain relationships between the field’s students, the institutes and the companies of the field in a very similar way as the student associations that have no student admission: they organise excursions, offer circumstances for developing your own know-how and, depending on the club, organise other joint activity, such as sauna nights for their members. They do not have their own student admission, so their members consist of students that are especially interested in the themes that unite the club.
Most of the people you will encounter in Finland during your studies will probably speak very good English (even though they might not think so themselves). You will, however, surely learn some Finnish at the same time. Finnish is not always easy, but you will get the hang of it eventually! Below we have gathered a vocabulary specific for studying in Finland and taking part in the student culture in Tampere. These are words that you will surely come across when you arrive here!

**Ainejärjestö** – A student association for students of a particular field or degree program. You can tell them apart from the colors of their overalls!

**Akateeminen vartti** – Lectures and events often start 15 minutes after the announced start time. This is known as an ‘academic quarter-hour’ and it is perfectly normal. Events which are marked to start at 4pm sharp, for example, will start at 4pm sharp, however.

**Appro** – A student event in which you will tour a city and go through checkpoints. An appro can be much more than a pub crawl!

**Excu** – A trip outside the university to meet prospective employers, for example. Usually arranged by student organizations.

**Fuksi** – A fresher, a first year student.
Haalarit – Student overalls. Finnish students wear overalls at parties, events and excus – the color of their overalls are determined by their field of study. It might look weird, but you don’t need to worry about dress code when you have your overalls!

Kilta – A guild, student organization for ‘teekkaris’ or students of technical fields.

Kurssi – A course, the basic building block of your studies.

Kyykkä – A traditional Karelian game practiced by students in Tampere. The Kyykkä World Championship is held yearly in Hervanta.

Luento – A lecture. Central to your studies.

Moodle – A virtual teaching platform used on many courses.

Opintopiste – A study credit (or ECTS credit). One ‘noppa’ is calculated to correspond to around 27 hours of work. Gather them to earn a degree!

Periodi – The academic year is divided into four teaching periods; two in the fall, two in the spring. At the end of each there is a teaching-free week when exams are held.
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We know that no two students are alike: they differ in life situation, habits, hobbies and needs. We do your best to provide quality student housing for each.

**S**

**Sitsit** – A student party involving eating, drinking and singing. Highly recommended!

**Speksi** – A type of interactive student theater. Go see some!

**T**

**T3** – The merger process of universities here in Tampere. Through the T3 process, all university students are nowadays studying at Tampere University.

**Teekkari** – A student of a technical field.

**Tentti** – Exam. Earn your credits by passing this.

**TREY** – The Student Union of Tampere University. We do many things!

**TUNI-tunnus** – A personal username for accessing the university electronic services. You will use this very often so learn it by heart.

**Y**

**YTHS** – the Finnish Student Health Service (FSHS) takes medical care of students in Finland. The FSHS fee is included in the Student Union membership
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